# INGREDIENTS

### Caffeine

is a natural stimulant often found in cocoa, coffee and guarana plants. It increases alertness, boosts energy and helps us feel less drowsy and more awake.

# Vitamin B5

is also known as pantothenic acid. It's a vital vitamin that helps creating red blood cells or converting the food we eat into energy. Importantly, it also helps to reduce feelings of fatigue by supporting our energy-yielding metabolism and mental performance.

# Vitamin B<sub>12</sub>

is an essential vitamin that we are unable to produce. It helps us in many impressive ways including benefitting our brain, and our mood. It can also boost our energy.

### Zinc

is an important mineral. We can find it in plenty of food sources including nuts, whole grains, legumes, and more. Zinc helps the body make proteins and DNA, and supports cognitive function.

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# WAKE UP WITH EASE



### **FEATURES**

- Delayed-release formula
- + Patented technology
- + Clinically tested in humans

### **BENEFITS**

- + Supports you in your wake-up phase
- + Elevates your mood
- Improves your alertness & performance
- Makes you feel energized and reduces feelings of fatigue
- Helps to synchronize your circadian rhythm to your lifestyle

# ABOUT THE PRODUCT

B·SYNC® ON is the only clinically proven supplement designed to support and improve your wake-up process directly. Unveil a new era of waking up refreshed and revitalized with B·SYNC® ON, the ultimate morning companion. This groundbreaking wake-up supplement harnesses the power of natural ingredients to make your mornings marvelous again. Infused with the energy-boosting synergy of Caffeine, Vitamin B5, B12, and Zinc. B·SYNC® ON is taken at bedtime while the revitalizing blend is released shortly before wake-up time. You'll wake up gradually and effortlessly, and enjoy lasting benefits throughout the day.

With B-SYNC® ON, we recognize the critical need for a smoother, more vibrant transition from sleep to wakefulness. With our supplement's carefully curated components, we're reshaping the way you greet your mornings, whether you are a night owl or navigate demanding schedules.

# ABOUT THE TECHNOLOGY

In years of dedicated research with several clinical trials, we have developed a patented technology "InventaSpheres" that was proven in our in-human clinical study to ensure the delayed-release of the active ingredients. By adding different layers of coating, we ensure you get a good night's sleep. After 7-8 hours, the nutrients stored in B·SYNC® ON are gradually released, helping you transition with ease, from sound asleep to wide awake.

# THE STORY

Sleep inertia is the grogginess you feel right after waking up. For some, it can last hours. A fully representative study of 2'000 people across the UK revealed that 62 percent of all adults are struggling with their morning wake-up. The study rightfully concluded that there is an area of sleep health that tends to get overlooked: the quality of our morning wake-up. While people drink caffeine-infused beverages to combat this, it doesn't really help with the worst of the impairments in the early phases of the wake-up process. Waking up can be a struggle for many, particularly for those battling disrupted sleep patterns like shift workers or jet-lagged people, or as a consequence of sleep medication that leads to a hang-over effect.

The resulting grogginess and fatigue can hinder productivity and well-being. That is where B·SYNC® ON steps in, pioneering a solution to this widespread challenge. It promotes the process of waking up and reduces grogginess. Thereby helping you not only to kickstart your awakening process but also to bid farewell to morning fogginess, enabling you to embrace each day with renewed vigor.