



During intense physical activity such as sport or when travelling to warm regions, the body loses both fluids and valuable electrolytes due to heavy sweating. These include the minerals sodium, potassium and chloride. It is important that the excess fluid and electrolytes are replenished.

Our dietary supplement HydriaX Vitamin C contains the ideal combination of dextrose, sodium chloride, sodium hydrogen carbonate and potassium chloride.

The additional vitamin C contributes to the normal function of the immune system, the reduction of tiredness and to normal energy-yielding metabolism.

Product information of product sample HydriaX Vitamin C

Product description: Food supplement with minerals and vitamin C
With sugar (dextrose) and sweetener

Flavour: Lemon

Presentation: whitish powder; 5.3 g per serving

Nutrients	Per daily serving (2 sachets = 5.3 g)	% NRV ¹
Potassium	320 mg	16
Chloride	870 mg	109
Sodium	610 mg	-
Vitamin C	90 mg	113
Dextrose	6400 mg	-

¹ Nutrient Reference Value

Recommended consumption:

Dissolve 1 sachet (5.3 g) twice a day in 200 ml water, stir well and drink.

Ingredients:

Dextrose; sodium chloride; sodium hydrogen carbonate; acidifier: citric acid; potassium chloride; l-ascorbic acid; anti-caking agent: silicon dioxide; flavour; sweetener: sucralose

The product HydriaX Vitamin C does not contain allergens (according to Regulation (EU) No 1169/2011) and GMO, is free of gluten and lactose and is suitable for vegetarians and vegans.

Indications:

The recommended daily dose should not be exceeded. Food supplements are not a substitute for a balanced, varied diet and a healthy lifestyle.

Keep out of the reach of small children. The product is not suitable for children under 13 years of age.

People with kidney or heart disease should consult their doctor before taking potassium.

Storage conditions: Store in a dry and dark place, at room temperature (not above 25°C).