



In our body magnesium is involved in the function of 300 different enzymes. This important mineral plays an essential role in muscle contraction and muscle regeneration and thus contributes to normal muscle function. Magnesium also contributes to the electrolyte balance. In addition, magnesium, vitamin C and vitamin B6 support the energy-yielding metabolism and the reduction of tiredness and fatigue.

CitraMagX 400 combines these three micronutrients in one sachet. Here, magnesium in citrate quality is used deliberately to ensure optimal nutrient absorption.

Product information of product sample CitraMagX 400

Product description: Food supplement with magnesium and vitamins
With sweetener

Flavour: Orange-Pomegranate

Presentation: Orange-reddish powder; 5.5 g per serving

Nutrients	Per daily serving (1 sachet = 5.5 g)	% NRV ¹
Magnesium	400 mg	107
Vitamin C	80 mg	100
Vitamin B6	5.6 mg	400

¹ Nutrient Reference Value

Recommended consumption:

Dissolve 1 sachet (5.5 g) once a day in 200 ml water, stir well and drink.

Ingredients:

magnesium salts of citric acid; acidifier: citric acid; acidity regulator: sodium hydrogen carbonate; filler: isomalt; l-ascobic acid; flavours; maltodextrin; sweetener: sodium cyclamate, sodium saccharin; beetroot juice concentrate; pyridoxine hydrochloride; colour: riboflavin-5-phosphate

The product CitraMagX 400 does not contain allergens (according to Regulation (EU) No 1169/2011) and GMO, is free of gluten and lactose and is suitable for vegetarians and vegans.

Indications:

The recommended daily dose should not be exceeded. Food supplements are not a substitute for a balanced, varied diet and a healthy lifestyle.

Keep out of the reach of small children. The product is not suitable for children under 13 years of age.

The intake of magnesium should be divided into two or more portions per day.

Amounts over 250 mg magnesium can have a laxative effect in sensitive people.

Storage conditions:

Store in a dry and dark place, at room temperature (not above 25°C).