

FOR MILD COGNITIVE IMPAIRMENT (MCI)

EARLY
ACTIONS
REDUCE
RISK
OF

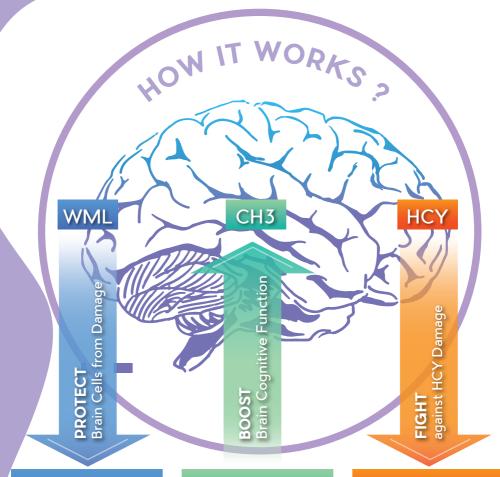
DEMENTIA

EACH YEAR, 10% TO 15% OF INDIVUALS WITH MCI

# EARLY PROTECTION with

# **TOCOVID PROMEMO**

# TO SUPPORT BRAIN HEALTH



Reduce White Matter Lesion (WML)

Palm Tocotrienols Suprabio 200mg attenuates the progression of WML<sup>4</sup> Improve Cognition

Folic Acid promotes methylation pathway to increase brain neurotransmitters production<sup>5</sup> Reduce Brain Atrophy

Anti-HCY Vitamin Bs fight against brain cell destruction<sup>6</sup>

# **TOCOVID PROMEMO**

CLINICALLY PROVEN FOR BRAIN HEALTH

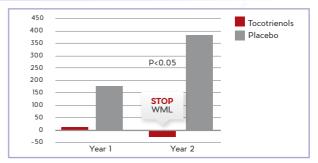
## **PROTECT**

## BOOST



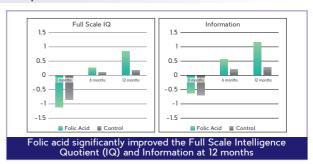
## 1. Palm Tocotrienols **PROTECT** brain cell from damage

A clinical study proves that Palm Tocotrienols 200mg could stop progression of WML formation from year 1.4



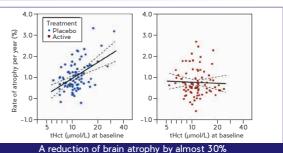
## 2. Folic Acid **BOOSTS** brain performance

A randomized clinical trial proves that daily oral administration of a 400-µg folic acid supplement to MCI subjects for 12 months can significantly improve cognitive performance.<sup>5</sup>



## 3. Anti-HCY Vitamin Bs FIGHT against brain cell destruction

Vitamin B6, B12 and Folic Acid at high dose are clinically proven to reduce brain atrophy by reducing homocysteine (HCY) level in brain.



A reduction of brain atrophy by almost 30% by receiving vitamin Bs' treatment

# START EARLY with TOCOVID PROMEMO to

# Support Brain Health



#### **PROTECT**

200mg Mixed Palm Tocotrienols Suprabio Maximize Brain Cells Protection

- Anti-inflammatory & Antioxidant
- Arteriogenesis properties



#### BOOST

**400μg Folic Acid**Stimulate Brain **Performance** 

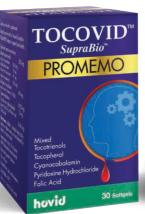
 Increase brain neurotransmitter functions



#### **FIGHT**

10mg B6, 250µg B12 & 400µg Folic Acid Fight Against Brain Cell Destruction

 Reduces neurotoxic damages caused by high HCY level





#### Dosage & Administration:

ONE softgel a day



for early stage of MCI

TWO softgels a day





for moderate to severe stage of MCI

#### References:

Morley JE. Mild Cognitive Impairment—A Treatable Condition. Journal of the American Medical Directors Association. 2014;15(1):1-5.
 Alzheimer's Association. Mild Cognitive Impairment (MCI)[Internet].
 Progression of Alzheimer's https://www.mccare.com/education/alzprogression.html.
 Gopalan Y, Shuaib IL, Magosso E, Ansari MA, Bakar MRA, Wong JW, et al. Clinical Investigation of the Protective Effects of Palm Vitamin E Tocotrienols on Brain White Matter. Stroke 2014;45(5):1422-8.
 Folic acid supplementation improves cognitive function by reducing the levels of peripheral inflammatory cytokines in elderly Chinese subjects with MCI. Sci. Rep. 6, 37486; doi: 10.1038/srep37486 (2016).
 Smith AD, et al Homocysteine-Lowering by B Vitamins Slows the Rate of Accelerated Brain Atrophy in Mild Cognitive Impairment: A Randomized Controlled Trial. PLoS ONE. 2010;5(9).



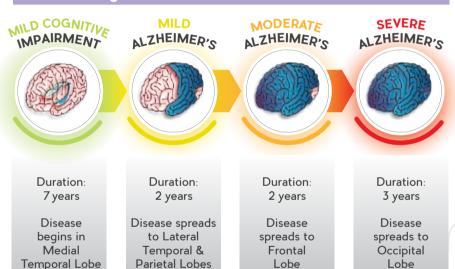


## Mild Cognitive Impairment (MCI)

causes a slight but noticeable and measurable decline in cognitive abilities, including memory and thinking skills.<sup>2</sup>

Approximately 15% to 20% of people age 65 or older have MCI<sup>3</sup>

## Progression of MCI TO Alzheimer's<sup>3</sup>



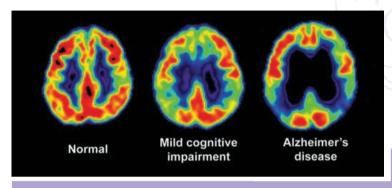
According to Dement Geriatr Cogn Disord 2006;22:312-319

3 years follow up of MCI PATIENT

**65%** progressed to Dementia | **24%** Death

## **Amyloid PET Imaging Changes from**

# MCI into Dementia



Increased in White Matter Lesion (WML) & Brain Atrophy accelerates the conversion to Alzheimer's 4, 6

#### SIGNS AND SYMPTOMS OF MCI VS DEMENTIA<sup>3</sup>

#### MCI

# vs

### **DEMENTIA**

- Newly aggravating issues with memory
- Taking longer time to perform more difficult mental activities
- Difficult in solving complex problem or making decision
- Having more trouble coming up with words than other people of the same age

- Memory loss
- Mentally decline severe enough to disrupt daily life
- Inability to reason
- Inability to learn new information
- Difficulty in planning and organizing
- Change in behaviour and personality
- Loss of interest in activities