



PRODUCT CATALOG 2025



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We are a **multinational biopharmaceutical company** and we offer a complete range of quality solutions that take care of the well-being of people and animals around the world on a daily basis. We promote well-being and the continuous **improvement of the health, innovation and technology management** to anticipate and adapt to the future, offering innovative health and/or nutritional formulas.

OPKO, with its headquarters in Miami, is currently present in more than 52 countries with its human and animal health brands:



Medical products



Food supplements for
Human Health



Food supplements for
Animal Health



5 PATENTS



23 AWARDS FOR
SCIENTIFIC
PUBLICATIONS*



36 CLINICAL STUDIES
COMPLETED AND
2 ONGOING



2 AWARDS FOR SCIENTIFIC
EXCELLENCE*

Thanks to this work and the ongoing joint efforts, we have been able to continue working on our mission: to support healthcare professionals with effective and risk-free products and nutritional supplements to improve and look after our health and that of our pets.

The development of products with formulas that have been studied appropriately, ingredients of a natural origin and/or protected by patents and clinical studies that meet the **highest scientific standards**, completes the circle and provides the wide range of products based on scientific evidence that we offer in this catalog of **Arama Natural Products**.

*Awards recognized by the Spanish societies of sports medicine and gynecology respectively.



Certificate No 22 02 0003 GMP Cosmetics



 **Arama**
Natural Products
An OPKO Health Company
Natural innovation

BONE AND JOINT HEALTH

**“Your BODY
in MOTION”**

←... **CONTENTS** ...→

• Artilane® Classic

Based on **high-purity enzymatically hydrolyzed collagen**, **hyaluronic acid**, **magnesium**, **zinc** and **antioxidants** such as **coenzyme Q10**, **lycopene**, **quercetin** and **vitamin C**.

• Artilane® Classic

The nutrients it contains help to prevent joint wear and to improve flexibility and mobility in the joints.

• Neutral or raspberry flavour.

INSTRUCTIONS FOR USE

Artilane® Classic vials

Take 1 vial/dose (30 ml) a day, diluted in half glass of water (150 ml).

Artilane® Classic bottle

Drink one measure of 30 ml a day neat or diluted in a medium-sized glass of water (75 ml).

Artilane® Classic powder

Drink one dosing measure (10 g) a day diluted in a glass of water (150 ml) or juice.

Artilane® Classic sachets

Drink 1 sachet (9 g) a day. Add the contents of one sachet to a glass, then add water. Stir until it has dissolved completely.

PRESENTATION

ARTILANE® CLASSIC POWDER

300 G POWDER 30 DAYS RASPBERRY FLAVOUR

ARTILANE® CLASSIC SACHETS

9 G SACHETS 30 SACHETS NEUTRAL FLAVOUR

ARTILANE® CLASSIC BOTTLE

900 ML BOTTLE 30 DAYS RASPBERRY FLAVOUR

ARTILANE® CLASSIC VIALS

30 ML VIALS 15 DRINKABLE SINGLE DOSES RASPBERRY FLAVOUR

ADDITIONAL INFORMATION

- GLUTEN FREE
- LOW SATURATED FAT CONTENT

WITH NUTRIENTS WHICH HELP TO PREVENT JOINT WEAR AND IMPROVE THE FLEXIBILITY AND MOBILITY OF THE JOINTS



INGREDIENTS

ARTILANE® CLASSIC IS A FOOD SUPPLEMENT BASED ON:

High-purity enzymatically hydrolyzed collagen	7 g
Hyaluronic acid	25 mg
Lycopene*	1.5 mg
Quercetin	30 mg
Coenzyme Q10	100 mg
Vitamin C	60 mg
Magnesium	56.3 mg
Zinc	1.5 mg

QUANTITY PER DAILY DOSE

*The 30 ml vials, 300 g powder and 900 ml bottle contain lycopene.

• Artilane® Forte

Complete formula based on **glucosamine** and **chondroitin**, **high-purity enzymatically hydrolyzed collagen**, *Boswellia serrata* extract, **hyaluronic acid**, **magnesium** and **zinc**, and **antioxidants** such as **coenzyme Q10**, **lycopene**, **quercetin** and **vitamin C**.

• Artilane® Forte

The nutrients it contains help with disorders caused by joint wear.

• Citrus flavour.

INSTRUCTIONS FOR USE

Artilane® Forte vials

Take 1 vial (30 ml) per day. Drink it diluted in half glass of water (150 ml).

Artilane® Forte powder

Drink one dosing measure (11 g) a day diluted in a glass of water (150 ml) or juice.

Artilane® Forte sachets

Drink 1 sachet (9.5 g) a day. Add the contents of one sachet to a glass of water and stir until it has dissolved completely.

PRESENTATION

ARTILANE® FORTE POWDER

POWDER 220G 20 DAYS CITRUS FLAVOUR

ARTILANE® FORTE SACHETS

SACHETS 9 g 30 SACHETS CITRUS FLAVOUR

ARTILANE® FORTE VIALS

VIALS 30 ml DRINKABLE SINGLE DOSES CITRUS FLAVOUR

ADDITIONAL INFORMATION

- **GLUTEN FREE**
- **LOW SALT CONTENT**
(vials and powder)
- **LOW SATURATED FAT CONTENT**
(vials and sachets)
- **HIGH PROTEIN CONTENT**

CONTAINS NUTRIENTS THAT
HELP WITH DISORDERS
CAUSED BY JOINT WEAR

NEW FORMULA WITH A HIGH
DOSE OF GLUCOSAMINE,
CHONDROITIN AND
BOSWELLIA, A NATURAL
ANTIINFLAMMATORY

SACHETS



POWDER



INGREDIENTS

ARTILANE® FORTE IS A FOOD SUPPLEMENT BASED ON:

High-purity enzymatically hydrolyzed collagen	5 g
Glucosamine hydrochloride	1.5 g
Chondroitin sulfate	1.2 g
Hyaluronic acid (sodium salt)	25 mg
<i>Boswellia serrata</i> extract	410 mg
Lycopene	1.5 mg
Quercetin	30 mg
Coenzyme Q10	100 mg
Vitamin C	60 mg
Magnesium	56.3 mg
Zinc	1.5 mg

QUANTITY PER DAILY DOSE



CANARAMA Roll-on

It is a topical gel which, thanks to its soothing and moisturising effect, provides a **feeling of relief** and **well-being**.

The **polysaccharides, enzymes, amino acids**, as well as **antioxidants, minerals** and **vitamins** contained in the *Aloe Barbadensis* extract have proven their **effectiveness, especially in skin care**. They strengthen the **skin's protective mechanisms, moisturise**, soothe and have a **decongestive effect**. In addition, they give the **skin elasticity and resilience**.

Chamomile extract has a **soothing effect** and **relaxes** stressed or irritated skin.

Tannins, carotenoids and flavonoids from arnica have a **circulation-stimulating effect**, ensuring a better **oxygen supply** to the **skin** and an **increased metabolism**.

Cannabis sativa oil is a **powerful antioxidant** that protects the **skin from external influences**.

INSTRUCTIONS FOR USE

Apply a small amount of product to the desired area of the skin. Massage until completely absorbed.

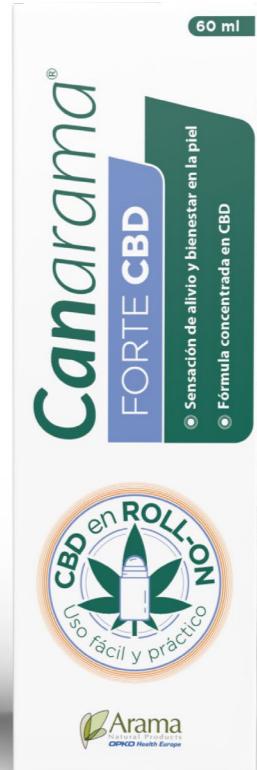
PRESENTATION

CANARAMA® FORTE CBD
ROLL-ON DE 60 ML

BONE AND JOINT HEALTH

SOOTHING AND
MOISTURISING EFFECT,
QUICK SKIN SOOTHING
EFFECT, COMFORT

SPORTS AND PROFESSIONAL
MASSAGES, FOR RHEUMATIC AND
MUSCULAR PAIN, AND IN CASE
OF TRAUMA AND INFLAMMATION



INGREDIENTS

CANARAMA® FORTE CBD IS A FOOD SUPPLEMENT BASED ON:

Aqua; Aloe Barbadensis leaf extract; menthol; Cinnamum Camphora Bark Oil; Eucalyptus Globulus Leaf Oil; Pinus Sylvestris Leaf Oil; Chamomilla Recutita; Flower Extract; Salvia Officinalis Leaf Extract*; Rosmarinus officinalis Leaf Extract*; Algin; Olea Europaea Fruit Extract*; Harpagophytum procumbens root extract; Arnica montana flower extract; Cannabidiol derived from resine of cannabis; Maltodextrin; Glycerin; Benzyl Alcohol; Salicylic Acid; Sorbic Acid; Parfum; Linalool; Limonene; Eugenol.



PROGEN® is an innovative food supplement based on a **plasma complex rich in bioactive proteins**, HC-15 (a hyaluronic acid and chondroitin sulfate complex), collagen rich in bioactive peptides and vitamin C.

Unique and innovative formula containing nutrients which help with:

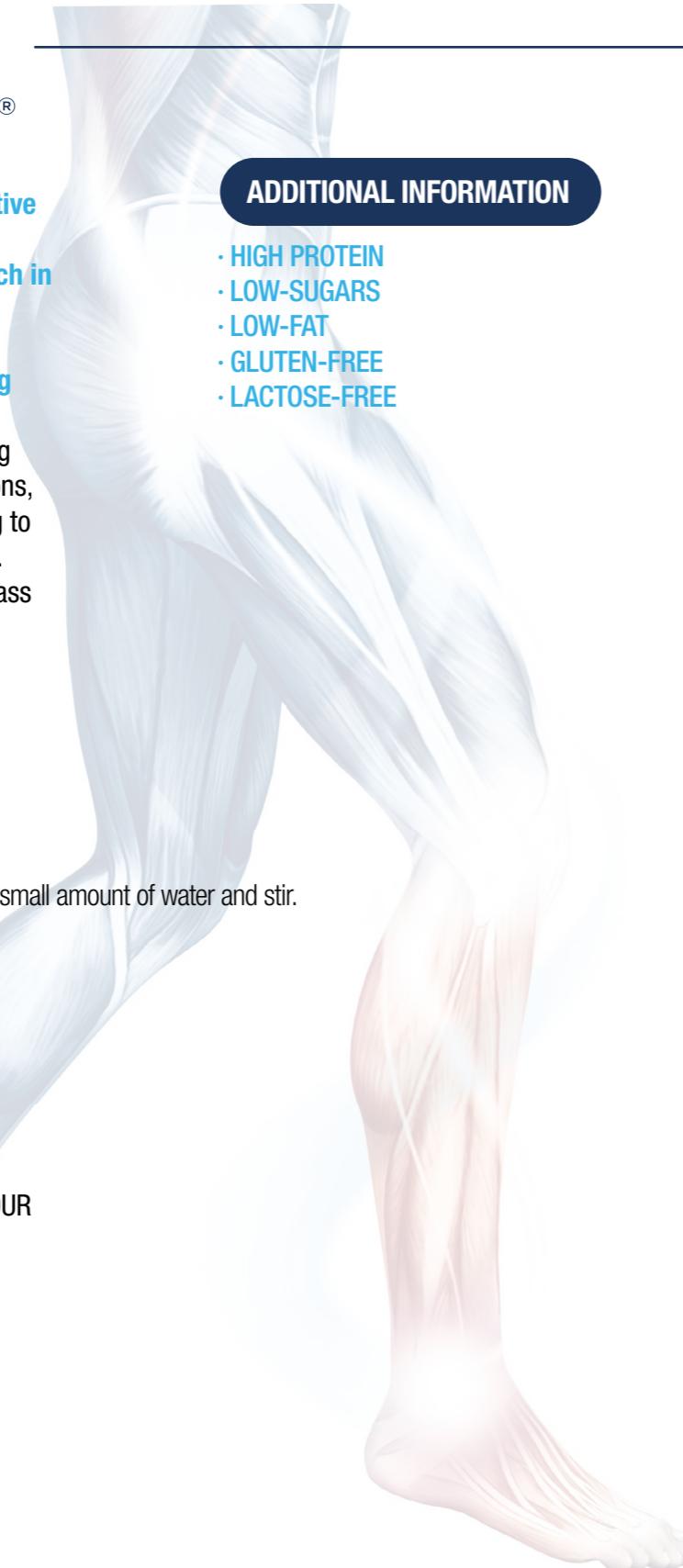
- In the maintenance and normal functioning of the musculoskeletal system (joints, tendons, ligaments, bones and muscles), contributing to the recovery of the musculoskeletal system.
- It contributes to the increase in muscle mass and the maintenance of muscles in normal conditions.

INSTRUCTIONS FOR USE

Drink 1 sachet a day. First dilute the powder in a small amount of water and stir.



BONE AND JOINT HEALTH



ADDITIONAL INFORMATION

- HIGH PROTEIN
- LOW-SUGARS
- LOW-FAT
- GLUTEN-FREE
- LACTOSE-FREE

IT CONTAINS NUTRIENTS THAT HAVE A DOUBLE EFFECT:

- CONTRIBUTES TO MAINTAINING AND INCREASING MUSCLE MASS.
- HELPS TO REDUCE MUSCLE WASTING.

UNIQUE AND INNOVATIVE ORAL PLASMA COMPLEX, WHICH NUTRIENTS HELP WITH MUSCULOSKELETAL RECOVERY



PRESENTATION

PROGEN PLACTIVE® SACHETS

SACHETS 3,5 g 30 SACHETS ORANGE FLAVOUR

INGREDIENTS

PROGEN PLACTIVE® IS A FOOD SUPPLEMENT BASED ON:

Plasma proteins	300 mg
HC15:	
Hyaluronic acid	25 mg
Chondroitin sulfate	25 mg
Enzymatically hydrolyzed collagen rich in bioactive peptides	2500 mg
Vitamin C	40 mg

QUANTITY PER DAILY DOSE



Neural® is a food supplement based on **UMP (Uridine Monophosphate)** extracted from apples rich in **Polyphenols and Quinones, L-methyl folate, Vitamin B12 and Magnesium**.

Neural®, as a result of its composition, helps with nutrition and the normal functioning of the peripheral nervous system in the process of functional deterioration associated with neuropathic pain, such as:

- Lumbar radiculopathy
- Lumbosacral or cervical regions
- Neck pain
- Low back pain
- Sciatica
- Postsurgical neuropathy
- Other neuropathies

ADDITIONAL INFORMATION

- SUGAR FREE
- GLUTEN FREE
- LACTOSE FREE
- LOW FAT CONTENT

INSTRUCTIONS FOR USE

Take 1 or 2 tablets a day.

PRESENTATION

NEURAL® TABLETS

TABLETS 1g 30 FLAVOURLESS TABLETS

ONE STEP CLOSER IN TREATING PERIPHERAL NEUROPATHY

NO SIDE EFFECTS

HELPFUL IN COMBINATION WITH OTHER TREATMENTS

THE NUTRIENTS IT CONTAINS

HELP WITH

- NEUROPROTECTION
- NORMALIZATION OF THE NERVE IMPULSE
- MAINTENANCE OF FUNCTIONAL ACTIVITY



INGREDIENTS

NEURAL PLACTIVE® IS A FOOD SUPPLEMENT BASED ON:

Uridine 5-monophosphate disodium salt	175 mg
Folic acid (calcium L-methylfolate)	200 µg
Vitamin B12 (Cyanocobalamin)	1.00 µg
Extract of the fruit of <i>Malus domestica</i>	100 mg
• Polyphenols	40 mg
• Quinones	10 mg
Magnesium	56.3 mg

QUANTITY PER DAILY DOSE



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MOBILITY
—
“Keep
MOVING”

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BONE HEALTH

OSCal®

Food supplement based on **High-purity Enzymatically Hydrolyzed Collagen, Calcium, Silicon, Phosphorous, Vitamin D3, Group B Vitamins (B1, B2, B5 and B6) and Vitamin C.**

Some of the benefits of its ingredients are:

- **Vitamin C** contributes to the normal formation of collagen for the normal functioning of bones.
- **Vitamin D** contributes to the absorption and normal use of calcium and phosphorous.

ADDITIONAL INFORMATION

- NO SALT
- FAT FREE
- SUGAR FREE
- LACTOSE FREE
- GLUTEN FREE
- HIGH FIBER CONTENT
- PRESERVATIVE FREE
- HIGH PROTEIN CONTENT

INSTRUCTIONS FOR USE

Drink the contents of one dosing measure (13.2 g) a day diluted in a glass of water (150 ml) or juice.

PRESENTATION

OSCAL®
PACK WITH MEASURING SPOON

PROTEINS SUCH AS COLLAGEN ALONG WITH CALCIUM, PHOSPHOROUS AND VITAMIN D ALL COMPONENTS OF OSCAL® – CONTRIBUTE TO KEEPING THE BONES IN A NORMAL CONDITION



INGREDIENTS

OSCAL® IS A FOOD SUPPLEMENT BASED ON:

Enzymatically hydrolyzed collagen	9,7 g
Vitamin B1	1,4 mg
Vitamin B2	1,6 mg
Vitamin B6	2,0 mg
Vitamin B5	6,0 mg
Vitamin C	50 mg
Vitamin D	3,75 µg
Calcium	511 mg
Phosphorous	264 mg
Silicon	31 mg

QUANTITY PER DAILY DOSE

OSTEOGEL® HEAT

- OSTEOGEL® Heat is a thermal gel containing **extract of Arnica, Horse chestnut and Aloe vera**.
- Suitable for all situations in which the application of heat would be beneficial. The topical use of this gel minimizes the discomfort caused by day-to-day activity and sports.

INSTRUCTIONS FOR USE

Apply 2 to 5 times per day. Gently massage into the skin until it is fully absorbed. Like warming cream, apply 10 minutes before starting the activity. External use.

PRESENTATION

OSTEOGEL® HEAT
150 ML BOTTLE

OSTEOGEL® IS AN IMMEDIATE ACTION
THERMAL GEL SPECIALLY INDICATED TO
RELAX THE MUSCLES AND PREVENT MUSCLE
PAIN



INGREDIENTS

OSTEOGEL® HEAT IS A GEL MADE OF:
AQUA, ALCOHOL DENAT., CAMPHOR,
MENTHOL, PEG-40 HYDROGENATED
CASTOR OIL, POLYACRYLAMIDE, PRO-
PYLENE GLYCOL, C13-14 ISOPARAFFIN,
PHENOXYETHANOL, ALOE BARBADEN-
SIS LEAF JUICE, CAPSICUM FRU-
TES-CENS RESIN, LAURETH-7, AESCULUS
HIPPOCASTANUM SEED EXTRACT,
VANILLYL BUTYL ETHER, ARNICA
MONTANA FLOWER EXTRACT, METHYL
NICOTINATE, 1,2-HEXANEDIOL, CA-
PRYL GLYCOL, ETHYLHEXYLGLYCE-
RIN, BENZYL ALCOHOL, POLYSORBATE
20, ASCORBYL PALMITATE, GLYCERYL
LAURATE.



ADULT NUTRITION

“MAINTAIN
your STRENGTH
and VITALITY”

Lacsure® is a food supplement which, thanks to its composition, contributes to nutrition in adults who lack energy, need recovery, have muscle weakness, are losing weight unintentionally and all of those situations that require additional nutritional support.

Some benefits of the composition of Lacsure®:

- **High-quality milk proteins**: promote the formation and maintenance of muscles.
- **13 vitamins A, C, D, E, K, and grupo B** which help to: decrease tiredness and fatigue, and ensure normal functioning of the immune system and normal energy metabolism, among other things.
- **11 minerals** (Calcium, Phosphorus, Magnesium, Iron, Zinc, Manganese, Copper, Iodine, Chromium, Molybdenum, Selenium):
 - Calcium, phosphorous, magnesium, zinc and vitamin D which help to keep the muscles and bones in normal conditions.
 - Manganese, copper, iodine, chromium, molybdenum and selenium which contribute to the normal functioning of the immune system.

ADDITIONAL INFORMATION

- GLUTEN FREE
- LOW SATURATED FAT CONTENT
- SOURCE OF FIBER
- SOURCE OF CALCIUM
- VITAMINS AND MINERALS LIKE CALCIUM

THE HELP YOU NEED TO MAINTAIN YOUR STRENGTH AND VITALITY



- ✓ **8.4 g OF PROTEINS**
- ✓ **MUSCLES**
- ✓ **BONES**
- ✓ **13 VITAMINS AND 11 MINERALS**
- ✓ **IMMUNITY AND DEFENSES**
- ✓ **CHOLINE**
- ✓ **OMEGAS**

INSTRUCTIONS FOR USE

For a maximum daily benefit, prepare a 230 ml portion as follow: 195 ml of cold or room temperature water, then add 4 dosing cups (56 g approximately). Stir until completely dissolved.

PRESENTATION

LACSURE® POWDER
POWDER 800G VANILLA FLAVOUR

LACSURE® IS A FOOD SUPPLEMENT BASED ON:

Linoleic acid (Omega 6)	1736 mg
A-linoleic acid (Omega 3)	840 mg
Choline	89,6 mg
Fructooligosaccharides (FOS)	220 mg
Inulin	2,14 g
VITAMINS:	
Vitamin A	287 µg
Vitamin D	5,4 µg
Vitamin E	5,4 mg
Vitamin K	20 µg
Vitamin C	45 mg
Folic acid	112 µg
Vitamin B1	0,54 mg
Vitamin B2	0,54 mg

Vitamin B6	0,78 mg
Vitamin B12	1,74 µg
Niacin	5,0 mg
Pantothenic acid	1,8 mg
Biotin	10 µg
MINERALS:	
Calcium	377 mg
Phosphorous	198 mg
Magnesium	58,8 mg
Iron	3,4 mg
Zinc	3,1 mg
Manganese	0,84 mg
Copper	0,23 mg
Iodine	53,8 µg
Chromium	13 µg
Molybdenum	16 µg
Selenium	20 µg

QUANTITY PER DAILY DOSE



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Natural Innovation

**NUTRITION
FOR THE WHOLE
FAMILY**

**“HELPS
to BRING OUT
the BEST
in YOU”**

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DINADAX® Active

- Its nutrients help to maintain the normal functioning of the immune system.

Some of the benefits of its nutrients:

- **Vitamin B1** contributes to normal energy metabolism.
- **Vitamin B6** contributes to normal immune system functioning.
- **Royal Jelly**, a food rich in micronutrients which provides additional energy support in situations of fatigue, stress, etc.
- **Lactobacillus sporogenes/L. Casei**: bacteria with a probiotic capacity.

ADDITIONAL INFORMATION

- NO ARTIFICIAL COLORANTS OR STIMULANTS

INSTRUCTIONS FOR USE

Eat 1 or 2 bars a day.

PRESENTATION

DINADAX® ACTIVE
22 G BAR YOGURT FLAVOUR

DINADAX® ACTIVE
DISPLAY CASE OF 60 INDIVIDUALLY WRAPPED BARS



NUTRITION FOR THE WHOLE FAMILY

DEFENSES

WITH LIVE LACTIC CULTURES
(*L.CASEI* Y *L.SPOROGENES*),
FRUCTOOLIGOSACCHARIDES,
ROYAL JELLY AND VITAMINS


INGREDIENTS

DINADAX® ACTIVE IS A FOOD SUPPLEMENT BASED ON:

<i>Lactobacillus casei</i>	≥10 ⁸ cv**
<i>Lactobacillus sporogenes</i>	≥10 ⁷ cv**
Fresh royal jelly	300 mg
Fructooligosaccharides	85 mg
Yogurt powder	100 mg
Vitamin B1	1.00 mg
Vitamin B6	1.40 mg

vc**: viable cells
QUANTITY PER BAR



DINADAX® ENERGY

Thanks to its nutrients, it is recommended for:

- **Situations of low energy:** contributing to normal energy metabolism.
- Periods of **physical exhaustion:** helps to reduce fatigue.

Some of the benefits of its nutrients:

- **Royal jelly:** rich in micronutrients which provides additional energy support in situations of fatigue, stress etc.
- **Vitamin B1:** contributes to normal energy metabolism.
- **Vitamin B6:** helps to decrease tiredness and fatigue and contributes to normal energy metabolism.

INSTRUCTIONS FOR USE

Eat 1 or 2 bars a day.

PRESENTATION

DINADAX® ENERGY

22 g BAR STRAWBERRY FLAVOUR

DINADAX® ENERGY

DISPLAY CASE OF 60 INDIVIDUALLY WRAPPED BARS

NUTRITION FOR THE WHOLE FAMILY

ADDITIONAL INFORMATION

- NO ARTIFICIAL COLORANTS OR STIMULANTS

ENERGY

WITH FRESH ROYAL JELLY AND GROUP B VITAMINS



INGREDIENTS

DINADAX® ENERGY IS A FOOD SUPPLEMENT BASED ON:

Fresh royal jelly _____ 300 mg
 Vitamin B1 _____ 0.7 mg
 Vitamin B6 _____ 1.0 mg

QUANTITY PER BAR



DINADAX® Sapiens

Thanks to its nutrients, it contributes to normal psychological function and decreases tiredness and fatigue.

Some of the benefits of its nutrients:

- **Vitamin B1:** contributes to normal energy metabolism. Contributes to the normal functioning of the nervous system and normal psychological function.
- **Vitamin B5:** pantothenic acid contributes to normal intellectual performance.
- **Zinc:** contributes to normal cognitive function.
- **Biotin:** contributes to normal psychological function and the normal functioning of the nervous system.

ADDITIONAL INFORMATION

- NO ARTIFICIAL COLORANTS OR STIMULANTS

INSTRUCTIONS FOR USE

Eat 2 bars a day.

PRESENTATION

DINADAX® SAPIENS
22 g BAR COLA FLAVOUR

DINADAX® SAPIENS
DISPLAY CASE OF 60 INDIVIDUALLY WRAPPED BARS



NUTRITION FOR THE WHOLE FAMILY

CONCENTRATION

WITH CHOLINE, OMEGA 3, 6 AND 9, FATTY ACIDS, VITAMINS AND ZINC



INGREDIENTS

DINADAX® SAPIENS IS A FOOD SUPPLEMENT BASED ON:

Choline bitartrate	200 mg
Linolenic acid (Omega 3)	100 mg
Linoleic acid (Omega 6)	32,5 mg
Oleic acid (Omega 9)	32,5 mg
Folic acid	20 µg
Biotin	5 µg
Zinc	0,75 mg
Vitamin C	8 mg
Vitamin B1	0,11 mg
Vitamin B3 (Niacin)	1,6 mg
Vitamin B5 (pantothenic acid)	0,6 mg
Vitamin B6	0,14 mg
Vitamin B12	0,25 µg

QUANTITY PER BAR



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SLEEP
—
“The **NATURAL**
way **NEVER**
GET you
EXHAUSTED”

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SEREDAN®-3

SEREDAN-3®

This is a food supplement which, thanks to its nutrients, helps to decrease the time needed to fall asleep* and relieve the feeling of jet-lag**

With a very comprehensive formula based on **Melatonin**, **Griffonia** (source of 5-hydroxytryptophan), **Valeriana**, **Glycine**, **GABA** and **Vitamins B3, B6 and B12** which help to decrease tiredness and fatigue.



*For its nutrients

ADDITIONAL INFORMATION

- LACTOSE FREE
- GLUTEN FREE
- NO ADDED SUGAR
contains natural sugars

DUE TO ITS NUTRIENTS, IT PROMOTES RELAXATION AND HELPS TO CONCILIATE AND MAINTAIN A GOOD REST

DIFFICULTY FALLING OR STAYING ASLEEP AFFECTS A LARGE PERCENTAGE OF THE ADULT POPULATION



INSTRUCTIONS FOR USE

One tablet a day 30 minutes before going to bed.

(*) The beneficial effect is obtained with an intake of 1 mg of melatonin shortly before going to sleep.

(**) The beneficial effect is obtained with a minimum intake of 0.5 mg of melatonin, which should be taken shortly before going to bed on the first day of travel and a few days after arrival at the destination.

PRESENTATION

SEREDAN-3®
30 TABLETS

INGREDIENTS

SEREDAN-3® IS A FOOD SUPPLEMENT BASED ON:

Glycine	240 mg
Gaba extracted from rice grains	100 mg
Valeriana extract	50 mg
5 HTP from a Griffonia extract	30.0 mg
Niacin	16 mg
Melatonin	1.95 mg
Vitamin B6	1.40 mg
Vitamin B12	1.25 µg

QUANTITY PER TABLET



ENERGY

!Don't **LET**
ANYTHING
STOP YOU!

VITALITY® Plus

Food supplement which, thanks to its nutrients, helps with energy immediately before physical and/or mental exertion.

- **Royal jelly** is a food supplement which provides an energy boost in situations of fatigue, stress, etc.
- **Taurine** is an amino acid which is involved in several processes of body.
- **Vitamin C**:
 - Contributes to the protection of the cells from oxidative damage.
 - Helps to decrease tiredness and fatigue and to maintain normal energy metabolism.
- **Ashwaganda**: helps the body to cope with stress.

ADDITIONAL INFORMATION

- NO SALT
- GLUTEN-FREE
- FAT FREE

BEFORE PHYSICAL AND/OR MENTAL EXERTION

WITH 1 G OF ROYAL JELLY PER VIAL

TRIPLE EFFECT:

- IMMEDIATE ENERGY²
- ANTI-STRESS¹
- ANTIOXIDANT²



TRIPLE EFFECT:

- ANTI-STRESS¹
- ENERGY²
- ANTIOXIDANT²



¹Ashwagandha: improves the body's resistance to stress.

²Vitamin C: contributes to the reduction of tiredness and fatigue. Contributes to the protection of cells from oxidative stress.

INSTRUCTIONS FOR USE

Take 1 vial per day diluted in half glass (150 ml) of water, juice, or any other liquid. Shake before using.

PRESENTATION

VITALITY® PLUS

15 VIALS SINGLE DOSE



**IMMUNITY AND
DEFENSE**

**“STRENGTHEN
your
DEFENSES”**

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CoVitality® is a new and unique food supplement containing **Lactoferrin** (100 mg / tablet) and **Probiotics** (2 billion CFU/tablet). It also contains Vitamins C and D and minerals (selenium and zinc) at effective doses along with vitamins in group B. Thanks to its composition, it helps to maintain the correct functioning of the immune system.

- **Lactoferrin** is a protein which binds to iron ions and promotes the growth of probiotic bacteria that are beneficial to the immune system.

- **Bifidobacterium Lactis BI-04** is a type of bacteria that forms part of the normal intestinal flora.

- **Selenium** contributes to the normal functioning of the immune system and helps to protect the cells from oxidative damage.

- **Vitamins C, D and Zinc** contribute to the normal functioning of the immune system.

- **The group B vitamins** (B1 and B6) also help to decrease tiredness and fatigue.

ADDITIONAL INFORMATION

- GLUTEN FREE
- FAT FREE
- HIGH FIBER CONTENT
- NO ADDED SUGAR, contains natural sugars

INSTRUCTIONS FOR USE

1 tablet per day.

PRESENTATION

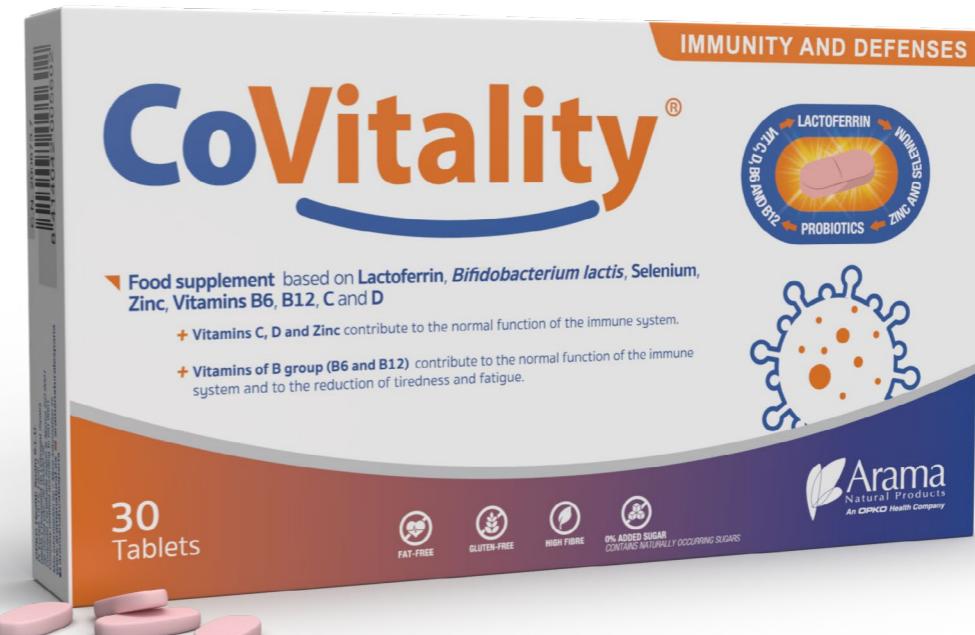
COVITALITY®
30 TABLETS

INMUNITY AND DEFENSE

INNOVATION IN IMMUNITY AND DEFENSE

THANKS TO ITS COMPOSITION IT HELPS TO MAINTAIN THE CORRECT FUNCTIONING OF OUR IMMUNE SYSTEM

UNIQUE FORMULA WITH LACTOFERRIN AND PROBIOTICS, *BIFIDOBACTERIUM LACTIS BL-04®*



INGREDIENTS

COVITALITY® IS A FOOD SUPPLEMENT BASED ON:

Vitamin C	350 mg
Lactoferrin	100 mg
<i>Bifidobacterium lactis</i> BI-04	2 mil millones UFC
SeleniUM	55 µg
Zinc	10 mg
Vitamin D	400 UI
Vitamin B12	2,5 µg
Vitamin B6	1,4 mg

QUANTITY PER TABLET

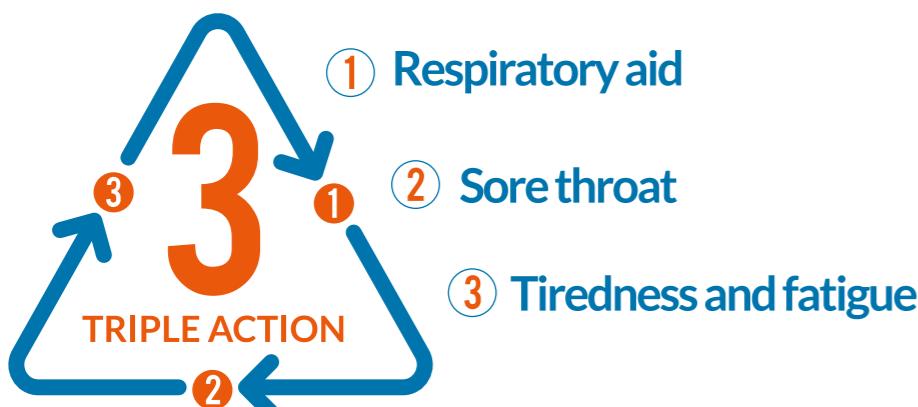
RESFRIStop® Helps alleviate the symptoms of cold and flu

RESFRISTOP®

Dietary supplement based on **Echinacea**, white willow rich in **Salicin**, **Drosera rotundifolia**, **Plantago lanceolata**, **Helichrysum**, **Eucalyptus**, **Thyme**, **Honey** and **Vitamins B6** and **B12**.

Some of the benefits of its nutrients:

- **White willow**, due to its **salicin**, content, is traditionally used in infusions and herbal teas, contributing to the health of the respiratory tract.^①
- **Plantago lanceolata** soothes the throat and pharynx.^②
- **Drosera rotundifolia** helps with respiratory discomfort, maintaining optimal immune balance.^①
- **Echinacea purpurea**, which has also been traditionally used in teas or infusions for throat discomfort, helps support the respiratory system during cold weather.^①
- **Thyme** and **Eucalyptus** are traditionally known for their assistance in cases of throat and vocal cord irritation.^②
- **Vitamins B6** and **B12** contribute to the normal functioning of the immune system and help reduce tiredness and fatigue.^③



INSTRUCTIONS FOR USE

Take one sachet per day dissolved in a glass of water (200 ml) or as directed by a healthcare professional. It can be taken with hot water as an infusion.

PRESENTATION

RESFRISTOP®

10 SACHETS

INMUNITY AND DEFENSE

DUE TO ITS NUTRIENTS, IT IS
HELPFUL FOR DISCOMFORT IN
THE UPPER RESPIRATORY TRACT

WITH NATURAL INGREDIENTS,
IT CAN BE TAKEN WITH ROOM
TEMPERATURE WATER OR WITH
HOT WATER AS AN INFUSION



INGREDIENTS

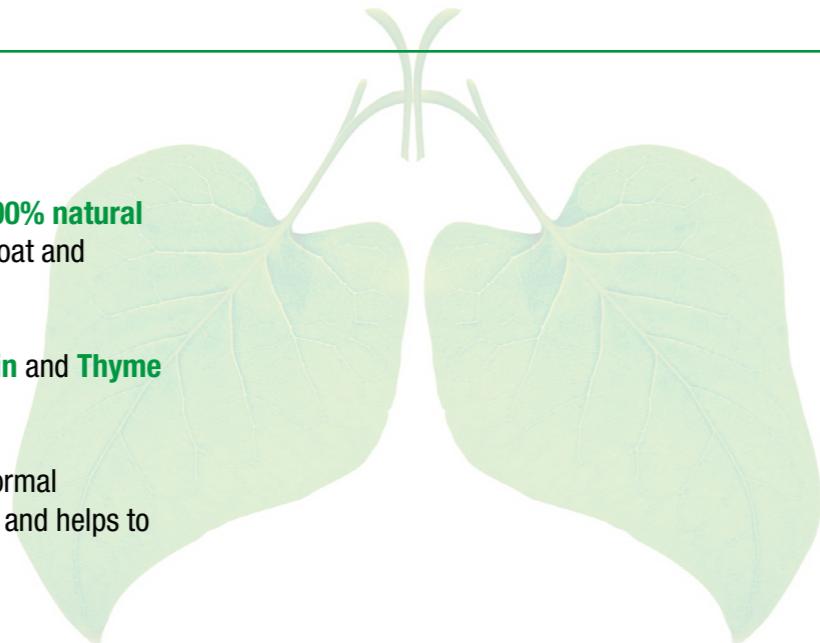
RESFRISTOP® IT IS A DIETARY SUPPLEMENT BASED ON:

White willow extract	378 mg
· Salicylin	94.4 mg
Drosera extract with plumbalgin	246 mg
Plantain extract with aucubin	246 mg
Helichrysum extract with flavonoids	98.4 mg
Echinacea extract	61.5 mg
· Polyphenols	2.46 mg
Eucalyptus extract with eucalyptol	49.2 mg
Thyme extract with thymol and rosmarinic acid	49.2 mg
Powdered honey	3.43 g
Vitamin B6	1.41 mg
Vitamin B12	2.52 µg

QUANTITY PER SACHET

T-LESS® Food supplement with **100% natural ingredients** to help soothe the throat and alleviate a **productive cough**.

- Containing **Green anise**, **Plantain** and **Thyme** which help to soothe the throat.
- **Vitamin B6** contributes to the normal functioning of the immune system and helps to decrease tiredness and fatigue.



ADDITIONAL INFORMATION

- GLUTEN FREE
- FAT FREE
- LACTOSE FREE
- NO ADDED SUGAR, contains natural sugars

INSTRUCTIONS FOR USE

Adults: Take a single dose of 10 ml once a day, or divide the dose into two daily doses of 5 ml each.

Children from the age of 4: 1 ml for every 6 kg of weight per day.

Excessive consumption may produce laxative effects.

Shake well before use.

PRESENTATION

T-LESS®

BOTTLE 120 ml WITH DISPENSER

**100% NATURAL INGREDIENTS TO
HELP SOOTHE THE THROAT AND
ALLEViate A PRODUCTIVE
COUGH**

**FULLY NATURAL OPTION
ACCESSIBLE TO ALL**

**CONTAINING GREEN ANISE,
PLANTAIN AND THYME WHICH
HELP TO SOOTHE THE THROAT.
IT ALSO CONTAINS AVOCADO
EXTRACT AND VITAMIN B6**



INGREDIENTS

T-LESS® IS A FOOD SUPPLEMENT BASED ON:

Green anise extract	506 mg
Plantain extract	198 mg
Avocado extract	440 mg
Thyme extract	79,2 mg
Vitamin B6 extract	1,4 mg

QUANTITY PER DAILY DOSE (10 ML)

BROXUL® Food supplement with **100% natural ingredients** to help alleviate a **dry cough**.

- **Vitamin C** contributes to normal immune system functioning.
- Containing **Eucalyptus honey** which helps to soothe the throat.
- With **Lemon** and **Ginger** which help to keep the airways clear.

100% NATURALLY DERIVED INGREDIENTS TO HELP SOOTHE THE AIRWAYS AND RELIEVE DRY COUGH

FULLY NATURAL OPTION ACCESSIBLE TO ALL

ORAL SOLUTION BASED ON GINGER, EUCALYPTUS HONEY AND LEMON WITH VITAMINS C AND E



ADDITIONAL INFORMATION

- GLUTEN FREE
- FAT FREE
- LACTOSE FREE
- NO ADDED SUGAR, contains natural sugars

INSTRUCTIONS FOR USE

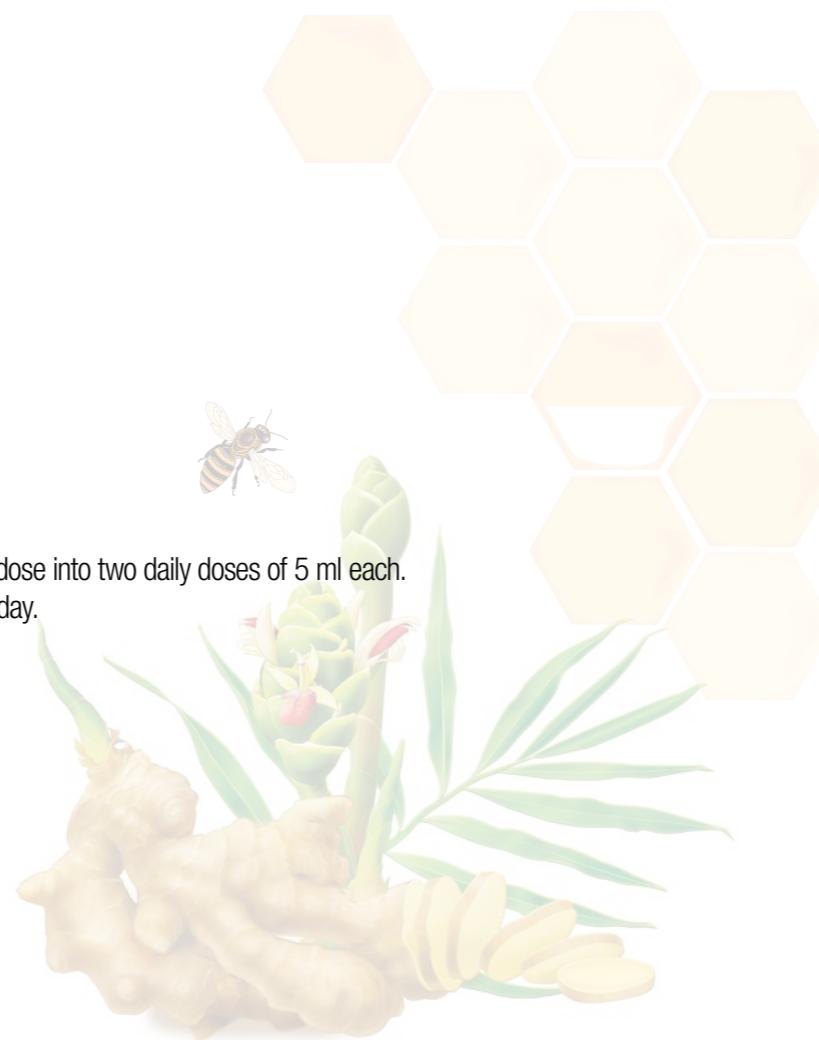
Adults: Take a single dose of 10 ml once a day, or divide the dose into two daily doses of 5 ml each.

Children from the age of 4: 1 ml for every 6 kg of weight per day.

Shake well before use.

PRESENTATION

BROXUL®
BOTTLE 120 ml WITH DISPENSER



INGREDIENTS

BROXUL® IS A FOOD SUPPLEMENT BASED ON:

Eucalyptus honey	2.8 g
Ginger extract	8.8 mg
Lemon extract	462 mg
Vitamin C	80 mg
Vitamin E	2.0 mg

QUANTITY PER DAILY DOSE (10 ML)



WELL-BEING

“a **HEALTHY**
LIFESTYLE,
is a **LIGHTIER**
body”

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FLUIDVEN® Light Legs is a new food supplement now available in tablets containing **Bioflavonoides** (diosmin and hesperidina), **venotonic plant extracts** (horse chestnut, butcher's-broom, maqui and vines) and **Vitamin C**.

Along with the bioflavonoids diosmin and hesperidina, Fluidven Light Legs also brings the benefits of the rest of its natural ingredients:

- **Vines** help with venous circulation, maintaining the integrity of the venous system.
- **Horse chestnut** helps to decrease the feeling of heavy legs and improves circulation in the legs.
- **Butcher's-broom** helps to reduce swelling, revitalize, refresh, and provide relief and a feeling of lightness to the legs.
- **Vitamin C** also helps to protect cells from oxidative damage and aids the normal functioning of the blood vessels.

ADDITIONAL INFORMATION

- GLUTEN FREE
- LACTOSE FREE
- 0% ADDED SUGAR
Contains naturally occurring sugars
- HIGH FIBER CONTENT

INSTRUCTIONS FOR USE

Take 2 tablets a day.

PRESENTATION

FLUIDVEN® LIGHT LEGS
60 TABLETS

WELL-BEING

WELL-BEING IN MANY AREAS:

- VENOUS CIRCULATION
- RELIVES THE FEELING OF HEAVINESS IN THE LEGS
- REDUCES SWELLING AND REFRESHES
- ANTIOXIDANT

HELPS TO DECREASE THE RIGIDITY OF THE VENOUS WALLS AND TO RESTORE THE SENSATION OF LIGHT LEGS



INGREDIENTS

FLUIDVEN® IS A FOOD SUPPLEMENT BASED ON:

Diosmin	450 mg
Hesperidin	150 mg
Dried butcher's-broom bark extract	50 mg
Maqui fruit extract (<i>Aristotelia chilensis</i>)	200 mg
Rutin of a dry extract of flowers of <i>Sophora japonica</i>	150 mg
Dried horse chestnut seed extract	250 mg
Dried vine leaf extract	200 mg
Vitamin C	12 mg

QUANTITY PER 2 TABLETS

Iseren® CR

ISEREN® CR

• Is a food supplement based on nontransgenic soybean extract **rich in Isoflavones**.

Its content in genistein guarantees isoflavone supplementation for 24 hours with a single daily intake.

MENOPAUSE IS THE PERIOD OF TRANSITION IN THE LIFE OF A WOMAN IN WHERE THE RELEASE OF OVULES AND THE MENSTRUATION PERIODS STOP, DECREASING THE LEVELS OF ESTROGEN AND PROGESTOGENS.

Soybean isoflavones, provide benefits to women during menopause because they have similar structure to human estrogens, helping to:

- Reduce the number of **hot flashes**.
- Regulate cholesterol levels.
- Regulate anxiety associated to this period.

ADDITIONAL INFORMATION

- GLUTEN FREE
- SALT FREE
- SUGARS FREE

INSTRUCTIONS FOR USE

Take 1 tablet per day.



INGREDIENTS

ISEREN® CR IS A FOOD SUPPLEMENT BASED ON:

Soya extract _____ 180 mg
Isoflavones _____ 72.0 mg
- Genestin _____ 45.0 mg

QUANTITY PER DOSE

PRESENTATION

ISEREN® CR

30 COATED TABLETS

WELL-BEING

Ovaform® is a food supplement based on **Myo-and D-chiro-Inositol, Monacolin K, Vitamin D, Melatonin, Folic acid and Selenium**.

- **Selenium** that contributes to normal thyroid function.
- **Folic acid** that contributes to the reduction of tiredness and fatigue.
- **Vitamin D** that together with **folic acid** have a role in the process of cell division.

ADDITIONAL INFORMATION

- LACTOSE-FREE
- GLUTEN-FREE
- WITH NO ADDED SUGARS

INSTRUCTIONS FOR USE

Take 1 sachet (2.5 g) per day.

Pour the content of a sachet in a glass, then add water and stir to complete dissolution.

PRESENTATION

OVAFORM®
30 SACHETS

WELL-BEING

IT CONTAINS NUTRIENTS THAT CAN HELP IN CASES WHERE AN IMPROVEMENT OF REPRODUCTIVE CELLS QUALITY IS NEEDED



INGREDIENTS

OVAFORM® IS A FOOD SUPPLEMENT BASED ON:

Myo-inositol	2,00 g
D-Chiro-Inositol	50,0 mg
Monacolin K	10,0 Mg
Melatonin	1,00 mg
Folic acid	200 µg
Vitamin D	25 µg
Selenium	27,5 µg

QUANTITY PER DOSE



EYE HEALTH

“The **NATURAL**
way to **TAKE CARE**
of your **VISION**”

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• **VIActiv® NEO, VIActiv® Single dose and VIActiv® Continuous use** are solutions for ophthalmic use with a physiological pH based on high molecular weight **Hyaluronic Acid** and distilled waters **Aloe vera** and **Centella asiatica**.

The combined action of these substances relieves dry eyes caused by:

- **Hormonal changes:** menopause, menstruation and taking oral contraceptives.
- **Aging.**
- **External agents:** use of contact lenses, exposure to very dry environments, etc.

Side effects of taking some medications.

- **Some diseases:** Sjögren's syndrome, rheumatoid arthritis, lupus, etc.
- **Small injuries** caused by:

- **Foreign bodies:** sand, dust.
- **Eye symptoms** caused by contact with **allergens**.

• **VIActiv Neo®**, Thanks to its high-tech filter, it allows the application of the preservative-free solution, maintaining the sterility of the product in continuous use for up to 3 months after opening.

ADDITIONAL INFORMATION

- **12 HOURS OF USE (VIACTIV SINGLE DOSE).**
- **28 DAYS OF USE (VIACTIV CONTINUOUS USE).**
- **3 MONTHS OF USE (VIACTIV NEO).**
- **COMPATIBLE WITH CONTACT LENSES.**

*Except VIActiv continuous use.

INSTRUCTIONS FOR USE

VIActiv® Neo

Apply 1 drop to each eye, squeezing the dispenser. Can be used frequently as it does not contain preservatives. 3 months of use once open. *Compatible with contact lenses.*

VIActiv® Single dose

Open the single-dose container and remove the cap with a twisting motion. Drop 1-2 drops into each eye by lightly pressing the container. Can be used up to 12 hours after opening the container. *Compatible with contact lenses.*

VIActiv® Continuous use

Apply 2-3 drops to each eye, lightly squeezing the dispenser. Close the dispenser immediately after use. Can be used up to 3 times a day and for up to 28 days after the dispenser is first opened. Remove your contact lenses before applying the product and wait for 15 minutes before putting them back in.

PRESENTATION

VIACTIV® SINGLE DOSE

BOX OF 10 REUSABLE OF 0,5 ml STERILE SOLUTION

VIACTIV® NEO

10 ml MULTIPLE DOSE STERILE SOLUTION DISPENSER WITH A HIGH-TECH FILTER

VIACTIV® CONTINUOUS USE

10 ml DISPENSER MULTIPLE DOSES OF STERILE SOLUTION

KEEP YOUR EYES HYDRATED
WITH NATURAL INGREDIENTS

EYE DRYNESS,
PROTECTION AND RELIEF IN
ALLERGIC PROCESSES

COMPATIBLE WITH CONTACT
LENSES*

*Except VIActiv Continuous use

STERILE EYE DROPS WITH NO
PRESERVATIVES*

*Except VIActiv Continuous use



INGREDIENTS

VIACTIV® NEO, CONTINUOUS USE AND SINGLE DOSE ARE MEDICAL PRODUCTS BASED ON:

High molecular weight hyaluronic acid 0,15 %

Water distilled from:

Centella asiatica 10 %

Aloe vera 10 %

QUANTITY PER DAILY DOSE

VISrelax®

Ophthalmic solution based on **waters distilled from Eufrasia, Manzanilla, Hamamelis and Green tea**, with a refreshing and calming action which maintains the physiological pH of the ocular mucous membrane.

The combined action of these substances alleviates:

- Reddening or irritation of the eye caused by contamination, dust, wind, chlorinated water, etc.
- Eye fatigue caused by prolonged exposure to solar rays, focusing on an activity for extended periods of time (studying, working on a computer) and a lack of sleep.

ADDITIONAL INFORMATION

- **12 HOURS OF USE (VISRELAX SINGLE DOSE)**
- **28 DAYS (VISRELAX CONTINUOUS USE)**
- **COMPATIBLE WITH CONTACT LENSES (ONLY SINGLE DOSE)**

ALLEVIATES IRRITATION AND EYE FATIGUE

CALMING AND REFRESHING ACTION

INSTRUCTIONS FOR USE

VISRELAX® CONTINUOUS USE

Apply 1–2 drops to each eye, lightly squeezing the dispenser. Close the dispenser immediately after use. Can be used up to 3 times or more a day and for up to 28 days after the dispenser is first opened. Remove your contact lenses before applying the product and wait for 15 minutes before putting them back in.

VISRELAX® SINGLE DOSE

Open the single-dose container and remove the cap with a twisting motion. Drop 2–3 drops into each eye by lightly pressing the container. It can be used up to 12 hours after opening the container.

Compatible with contact lenses.

PRESENTATION

VISRELAX® CONTINUOUS USE

BOX OF 10 ml DISPENSER OF MULTIPLE DOSE STERILE SOLUTION

VISRELAX® SINGLE DOSE

BOX OF 10 REUSABLE 0.5 ML DISPENSERS OF STERILE SOLUTION



INGREDIENTS

VISRELAX® CONTINUOUS USE AND SINGLE DOSE ARE MEDICAL PRODUCTS BASED ON:

Water distilled from:

Eufrasia	8 %
Manzanilla	8 %
Hamamelis virginiana	8 %
Green tea	8 %

QUANTITY PER DOSE

VISglyc® NEO

Sterile ophthalmic solution based on natural substances (**N-acetylcarnosine**, **Vaccinium myrtillus extract**, **Chondroitin sulfate**). The combined action of these natural substances:

- Prevents age-related sight loss and deterioration associated with aggressive environmental conditions while contributing to the maintenance of visual acuity.
- Helps to regulate the microcirculation and ocular nutrition.

• VISglyc® NEO

Free from preservatives, this sterile solution has a high-tech filter that keeps the product sterile during continuous use and enables it to be applied for a period of up to 3 months after opening. Sterility of the product over continuous use for up to 3 months after it is opened.



ADDITIONAL INFORMATION

- PRESERVATIVE FREE
- 3 MONTHS OF USE
- COMPATIBLE WITH CONTACT LENSES

ANTIOXIDANT AND HYDRATING PROPERTIES WHICH HELP TO PREVENT AGE-RELATED DETERIORATION (OVER THE AGE OF 50)

COMPATIBLE WITH CONTACT LENSES

STERILE EYE DROPS WITH NO PRESERVATIVES



INSTRUCTIONS FOR USE

Apply 1 drop to each eye twice a day, squeezing the dispenser. Can be used frequently as it does not contain preservatives. 3 months of use once open.

PRESENTATION

VISGLYC® NEO

10 ml MULTIPLE DOSE STERILE SOLUTION DISPENSER WITH A HIGH-TECH FILTER

INGREDIENTS

VISGLYC® NEO IS A MEDICAL PRODUCT BASED ON:

N-acetyl carnosine _____ 1 %

Vaccinium myrtillus extract _____ 0.0003%

Chondroitin sulfate _____ 0.15 %

QUANTITY PER DOSE



We have the certification ISO 13485:04 for medical devices.



Our quality management system is based on the ISO 9001:2008 standard, which ensures all of our products receive the quality certification we want to guarantee for our clients.



Manufacturing in our plant is carried out according to Good Manufacturing Practices, GMPs, enabling the quality of the products manufactured to be checked and ensured.



OPKO Health Spain is registered in the Registrar Corp of the FDA as a producer of dietary supplements.

CERTIFICATES / OPKO COLLABORATE WITH:

infarma
ENCUENTRO EUROPEO DE FARMACIA

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OSTEOARTHRITIS
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INTERNATIONAL

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DE TRAUMATOLOGÍA
DEL DEPORTE

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CPhI worldwide



Certificate No 22 02 0003 GMP Cosmetics





Natural Innovation

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