

The time for change has arrived


Most prescription and over-the-counter medications used to treat migraine headaches exert their therapeutic effects only in limited areas of the brain and therefore may not be fully effective and at times may also cause unpleasant side effects. As such, there's a desperate need for a compound that not only treats migraine headaches but is also naturally occurring and free of side effects.



Our ingredients

Many of the ingredients in MiGuard have scientific evidence of efficacy and safety based on the American Academy of Neurology (AAN) and the American Headache Society (AHS) as a migraine preventive, therapeutic option.


 Feverfew

 Alpha-Lipoic Acid

 Vitamin B2

 Magnesium

 Ginger

 Coenzyme Q10



Discover MiGuard

A nutritional supplement powered by breakthrough science

After decades of research, renowned pain management and headache subspecialist Dr. Benjamin Taimoorazy has introduced MiGuard—a groundbreaking organic, vegan, and non-GMO over-the-counter supplement which contains naturally occurring vitamins, minerals, and herbal compounds.

MiGuard is produced in a state-of-the-art FDA-registered facility in the US and is packaged inside veggie capsules meant for rapid and easy absorption.

Dr. Benjamin Taimoorazy
MiGuard creator