# Linnea<sup>®</sup> 5 HTP

5-hydroxytryptophan is an amino-acid with nootropic and antidepressant actions, naturally present in the brain and found in food in small doses. Exogenous therapeutic 5 HTP is isolated from the seeds of the African plant Griffonia simplicifolia.

#### **PRODUCTS** WILD HARVESTED

### L-5-HYDROXYTRYPTOPHAN



Isolated

// L-5- Hydroxytryptophan: NLT 99.0% - 101.0%

#### PLANT

Griffonia simplicifolia

#### PART OF THE PLANT USED

Seeds

#### APPEARANCE

White to grey, white powder

#### CAS NUMBER

4350-09-8

# **USFS**

### + PHARMACEUTICAL

// Insomnia

// Post-anoxic myoclonus

// Anxiety and depression

// Migraines

## DIETARY INGREDIENTS

// Sleep improvement

// Promotion of positive moods and emotions

// Appetite control and adherence to slimming programs







