

# OPTIKOM

**Optikom** is a food supplement containing **MaquiBright®** and **Omega-3** fish oil.

Optikom is a unique product that helps to reduce dry eye symptoms, support eye health and normal tear production by combining two key ingredients, Omega 3 fatty acid and Maqui berry extract.

MaquiBright® is a patented maqui berry (*Aristotelia chilensis*) extract standardized to bear a minimum of 25% Delphinidins and a minimum of 35% total anthocyanins. Due to its high content in antioxidant phytochemicals, MaquiBright® was shown to restore tear fluid generation by acting on stressed lacrimal gland cells. Maqui berry is a native berry that grows in the wild forests of Patagonia in Chile and Argentina. This berry has been consumed from ancient times by indigenous people and is by nature extraordinarily rich in many nutrients and powerful flavonoid species known as anthocyanins. A specific category of these flavonoids, known as delphinidins, are responsible for the very dark purple color of the berries as well as for several health benefits. MaquiBright® is manufactured from selected fresh maqui berries by aqueous extraction under strict GMP conditions.

The second ingredient Omega-3 fish oil positively affects meibomian glands lipid layer synthesis, stabilizes the tear film and thus prevents evaporation of the aqueous tear fraction. DHA contributes to the maintenance of normal vision.

Optikom combines the efficacies of branded maqui berry extract MaquiBright® and DHA-rich omega-3 oil for a remarkable double action on tear fluid management.

## Causes of an insufficient tear fluid production:

Modern lifestyle factors are contributing to an increasing population with dry eye related symptoms. Among the main lifestyle factors is the growing use of digital screens like mobile phones, tablets or computers in daily life. Other risk factors are:

- Contact lenses
- Higher age (> 55 years)
- Cigarette smoke
- Air conditioning
- Pollution
- Laser surgery

## Recommendations and warnings:

- This product is a food supplement. It should not be used as substitute for a varied diet.
- Do not exceed the recommended daily dose.
- Keep out of the reach of children!
- Store in a cool, dry place, protected from direct sunlight.
- Consult your doctor in case of pregnancy and breastfeeding, illness or drug use.

## Ingredients:

Nutritional Information	Per capsule
MaquiBright® ( <i>Aristotelia chilensis</i> ) Berry Standardized Extract (standardized to minimum %35 total anthocyanins and minimum %25 total delphinidins)	60 mg
Fish oil	250 mg
Total Omega 3 fatty acids	140mg
DHA	125 mg
EPA	25 mg

Recommended daily dose: Take 1 softgel capsule per day

1 box contain 30 capsules.

## Made in EU

Product of: Komot SHPK, Lubizhda p.n., 20000 Prizren, Republic of Kosovo

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