



UBLAC-W

A WOMEN'S HEALTH IS HER WEALTH

UBLAC –W is a specially formulated combination of our well researched proprietary strain, Bacillus coagulans Unique IS-2, cranberry, essential vitamins, and minerals for women to meet their nutritional requirements and promote overall health. Hormonal changes associated with menstruation, child-bearing, and menopause mean that women have a higher risk of anemia, weakened bones, and osteoporosis, requiring a higher daily intake of nutrients such as iron, vitamin D3, iodine, essential vitamins which are found in UBLAC-W. Cranberry extract supports urinary tract health by preventing the adhesion of E. Coli and other pathogenic bacteria to the urinary bladder wall.

15.6% of women aged 18 and over have poor health. Every 1 in 2 women suffer from urinary tract infections at least once in their lifetime.

INDICATIONS & CAUSES

A balanced eating pattern is a cornerstone of health. Women need fewer calories than men but the requirements for certain vitamins and minerals are much higher. Poor eating habits in women contribute to

- Stress and tiredness
- Irregular menstruation cycles
- Higher risk of anaemia
- Lack of sleep
- Poor gut health and low immunity
- Weakened bones, and osteoporosis

BENEFITS

- Prevents urinary tract infections
- Powerful antioxidant
- Restores good bacteria in the gut
- Supplies essential vitamins & minerals
- Helps optimize calcium absorption and keeps bones healthy
- Builds healthy blood cells and prevents anaemia
- Regulation of hormones in the body
- Reduces fatigue

Nano Vit D3, Vit B6, B12
Ensures proper functioning

Cranberry extract
Helps prevent urinary tract infections and rich in antioxidants

Iodine
Necessary for the regulation of hormones in the body

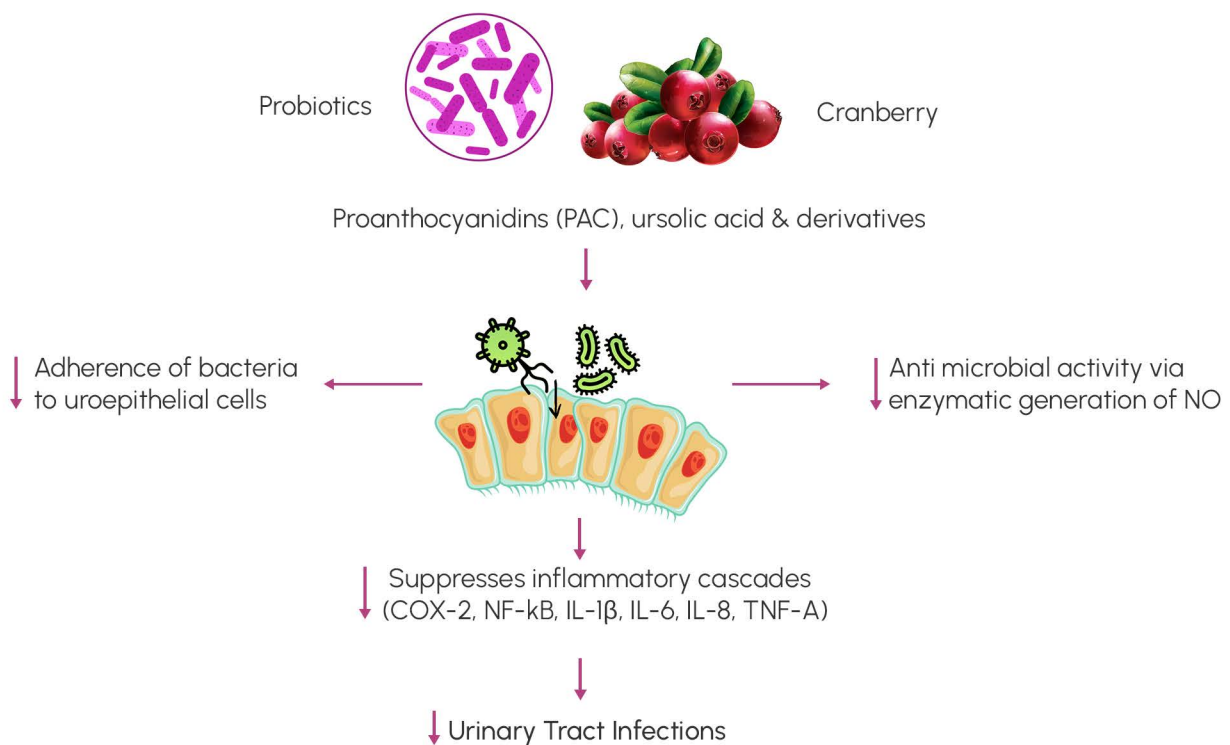


Probiotic Bacillus coagulans Unique-IS2

Bacillus coagulans Unique-IS2 is a safe and effective probiotic strain clinically proven to help maintain digestive and immune health. It makes Vit D more available to the body and helps in optimum calcium absorption

Iron
Builds healthy blood cells and prevents anaemia

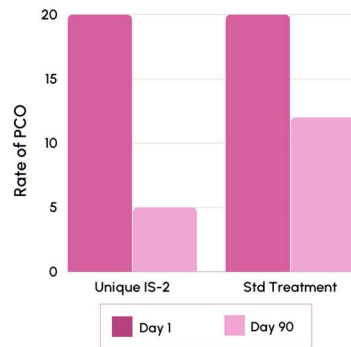
MECHANISM OF ACTION



Adapted from Vasileiou I. et al., 2013 & Mantzorou M. 2018

CLINICAL STUDIES

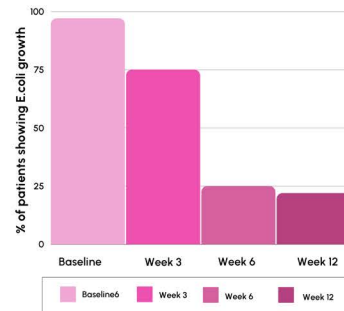
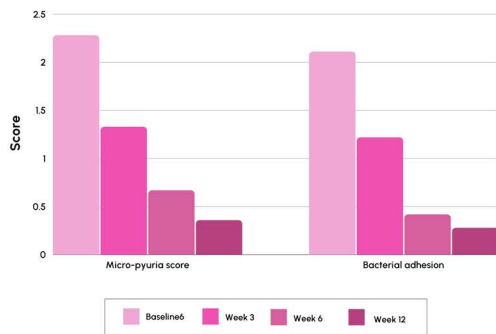
Bacillus coagulans Unique IS-2 helps reduce symptoms of Bacterial Vaginosis



(Sudha et al., 2012)

80% of subjects consuming B. coagulans Unique IS-2 reported a significant reduction in vaginosis symptoms compared to the control group (45%).

Cranberry helps reduces urinary tract infections



(Singh et al., 2016)

Cranberry extract significantly reduced urinary tract infection risk by

- Reducing pyuria
- Reducing E.coli growth
- Reducing bacterial adhesion

COMPOSITION

Each capsule contains:

Bacillus coagulans Unique IS-2 -2 billion cfu

Nano Vitamin D3- 400 IU

Vitamin B6 - 1.3mg

Vitamin B12 - 2.4 µg

Iron - 18 mg

Iodine - 150 µg

Cranberry Extract - 100mg

DOSAGE

1-2 capsules daily