



PROFESORB

*THE SMART CHOICE FOR INCREASED
IRON UPTAKE*

Scientifically proven probiotic for better iron absorption.

About 20% of women, 50% of pregnant women, and 3% of men do not have sufficient iron in their body.

Iron supplementation often leads to side effects such as diarrhea, constipation and nausea because of its poor absorption. The carefully designed PROFESORB contains *Lactobacillus plantarum* UBLP-40 that promotes increased absorption of iron which means that less iron needs to be consumed resulting in amelioration of side effects associated with high dose iron supplementation. In addition, it helps in the restoration of a healthy gut.

INDICATIONS & CAUSES

Iron is an essential mineral for the proper functioning of cells in our body. Human body uses iron to make hemoglobin that carries oxygen from the lungs to all parts of the body, and myoglobin, a protein that provides oxygen to muscles.

Symptoms of iron deficiency include

- Tiredness and lack of energy
- Shortness of breath
- Noticeable heartbeats (heart palpitations)
- Pale skin

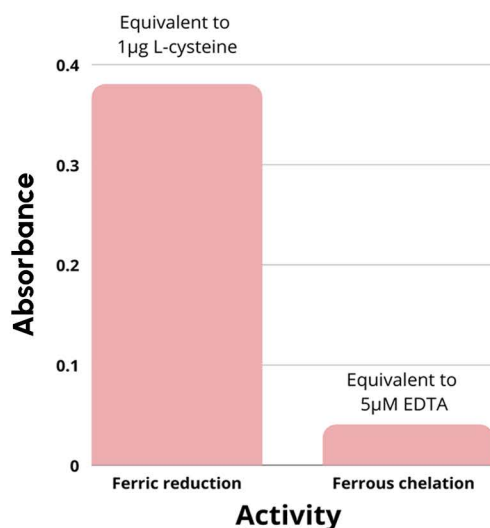
Iron deficiency anemia is caused by

- Blood loss during menstruation cycle, injury, and childbirth
- Insufficient dietary intake
- Poor absorption of iron from food
- Inflammation of the bowel

USAGES AND BENEFITS

- Prevents anemia
- Ascorbic acid and L.plantarum UBLP-40 enhance the absorption of iron
- Folic acid and vitamin B12 help make healthy red blood cells, which carry oxygen around the body
- Promotes digestion and immune health
- Gentle to the digestive system with no side effects

STUDIES



The reducing activity of L.plantarum UBLP-40 was equivalent to 1 µg L-cysteine reducing activity. This indicates the ability of UBLP-40 to chelate soluble iron and make it available to the human intestinal cells.

COMPOSITION

Each capsule contains:
Lactobacillus plantarum UBLP-40 – 10 Billion cfu
Iron – 10 mg
Folic acid – 100 ug
Ascorbic acid – 40 mg
Vitamin B12 – 1.0 ug

DOSAGE

Adults: One capsule daily