

Proprietary herbal and probiotic formulation for an active morning

- · Hangovers can last up to 72 hours after drinking
- · 62% of people surveyed were impacted with hangovers

During alcohol consumption, acetaldehyde is produced which leads to release of free radicals that cause direct oxidative stress to tissue and organs. Probiotics possess the capacity to metabolize acetaldehyde, a highly reactive and toxic metabolite of ethanol into acetate through the production of enzymes like acetaldehyde dehydrogenase.

# INDICATIONS & CAUSES

A hangover is the experience of various unpleasant physiological and psychological effects. Alcohol, after consumption is converted to aldehyde which is 10-30 times more toxic than alcohol and is the cause of the hangover

### Symptoms

· Headache and drowsiness

· Body ache

· Gastrointestinal distress (e.g., vomiting, diarrhea)

· Depression and anxiety

· Fatigue

· Light sensitivity

· Concentration problems

Dehydration

## **BENEFITS**

· Helps relieve hangover symptoms

· Promotes detoxification

· Restores B-vitamins depleted due to alcohol-induced diuresis

· Silymarin reduces the effect of damaging molecules called 'reactive oxygen species,

levels of which are boosted by alcohol

· N-acetyl cysteine increases glutathione synthesis which breaks down acetaldehyde into harmless substances

· Curcumin eliminates the free radicals

· Restores the potassium levels in the body

· Replenishes the normal balance of intestinal microflora

#### COMPOSITION

Each capsule contains:
Bacillus coagulans Unique IS-2- 2 billion cfu
Silymarin - 100mg
N-acetyl cysteine - 100mg
Curcumin - 100mg
B1 (Thiamine) - 10mg
B6 (Pyridoxine) - 10mg
B12 (Cyanacobalamin) - 100 g
Magnesium sulphate - 25mg

### DOSAGE

Adults: 1-2 capsules