

2023 ANNUAL REPORT



International
Health
Partners

20 years of providing healthcare for those in need

accord
We make it better



THANK YOU TO OUR CORPORATE DONORS

IHP experienced unprecedented need for its work in 2023: from conflicts in Ukraine, Sudan and the Middle East to the flooding disaster in Libya and earthquakes in Turkey and Syria - humanitarian crises around the world drove more than 350 million people to need help last year.

Thanks to your generosity, not only were we able to respond to these urgent needs, but we were also able to increase our support for long-term health programming, strengthening health systems in places where people suffer unnecessarily due to lack of healthcare.

Thanks to the support of our corporate donors, we delivered essential medicines and supplies to 25 countries and supported over 7.5 million patients last year.

This year, we are celebrating our 20th anniversary, marking two decades of impact on global health through the power of partnership. As we reach this incredible milestone, we are so thankful for each partnership that has enabled us to reach over 100 million patients over the last 20 years. We still have a long way to go, but with your continued support, we can move towards our vision - to see a world where suffering due to a lack of healthcare is eradicated.

Donated medicines play such a crucial part in improving health outcomes for millions of patients globally, and your commitment to IHP is having real impact on the lives of some of the world's most vulnerable women, men and children. This report is just a snapshot of that impact, but we hope it gives you an idea of what can be achieved in collaboration with the work of our dedicated team, the commitment of our generous corporate donors and the skill of our in-country partners.



25 COUNTRIES



7.5 MILLION PATIENTS
SUPPORTED



£10 MILLION WORTH OF MEDICINES
AND MEDICAL SUPPLIES SHIPPED

VISION FOR 2024

In 2024, we're raising the bar and want to be more ambitious than ever before! In recent years, the need for our work has surged as disasters increase; people face ever-growing economic constraints, and climate change, conflict and mass displacement compound already struggling healthcare systems. We want to grow our priority programmes: to reach more people with a consistent supply of medicines to manage non-communicable diseases; support more patients and reach additional countries through our mental health programmes; and respond faster and more efficiently to disasters. We are investing in the future of IHP with the launch of our new 'Bridging the Gap' fund, aimed at growing, strengthening, and developing our services to better serve those in need of quality healthcare.

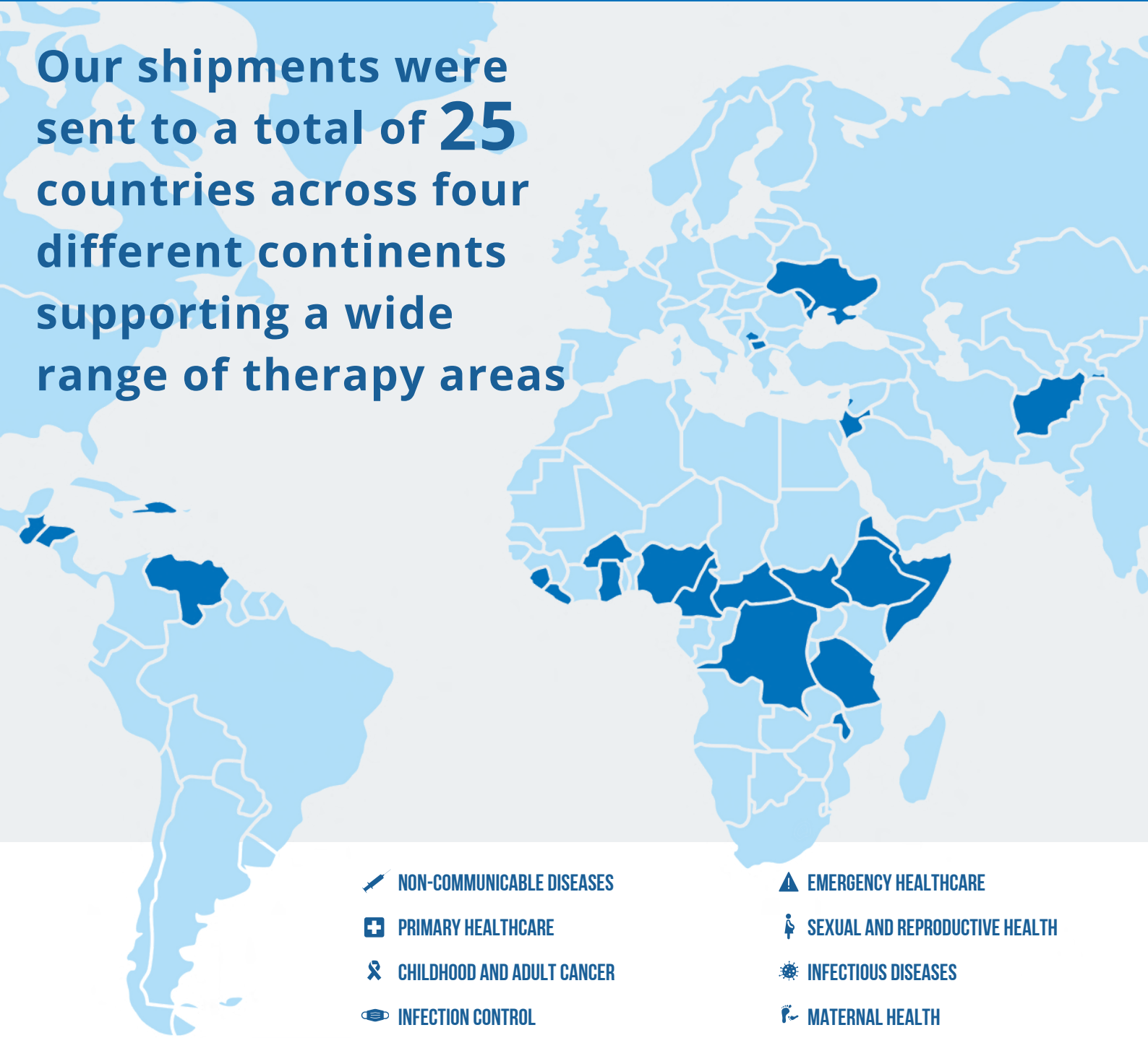
As we mark 20 years, we look forward to the next chapter. Our commitment to improving healthcare access, addressing health disparities, and promoting best practices in medical donation remains as strong as ever, and we want to see real change in health outcomes for underserved populations. Without proper access to medicines and healthcare, the next generation will not be able to thrive. We will change this, we will bridge this gap.

If you would like to know more about our 20th anniversary or our Bridging the Gap fund, and how you can get involved, please do get in touch.

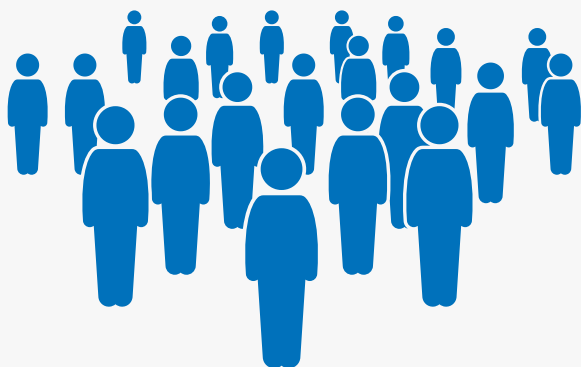
Finally, thank you for partnering with us in this coming year, as we scale up our work in responding to disasters, long-term health programmes and supporting healthcare professionals. Together we can transform lives.

IHP'S IMPACT IN 2023

Our shipments were sent to a total of **25** countries across four different continents supporting a wide range of therapy areas



-  NON-COMMUNICABLE DISEASES
-  PRIMARY HEALTHCARE
-  CHILDHOOD AND ADULT CANCER
-  INFECTION CONTROL
-  MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT
-  NEGLECTED TROPICAL DISEASES
-  EMERGENCY HEALTHCARE
-  SEXUAL AND REPRODUCTIVE HEALTH
-  INFECTIOUS DISEASES
-  MATERNAL HEALTH
-  DEWORMING
-  CHILD HEALTH



**OVER 7.5 MILLION
PEOPLE SUPPORTED**

with medicines and health supplies.

ACCORD'S IMPACT IN 2023



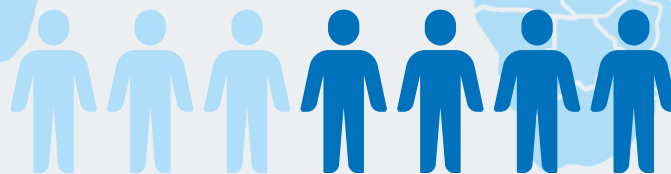
£905,743



worth of
medicines
shipped last year



281,936
units
donated



Your donations have supported
310,526 patients in **19** countries
last year

ESSENTIAL HEALTH PACKS



In 2023, IHP sent 180 Essential Health Packs (EHPs) to disasters around the world. It is clear that the demand for our EHPs has never been greater with crises continuing in Ukraine, the Middle East and the Horn of Africa. Thanks to our corporate donors, we have been able to continue sending EHPs to where they are needed.

ETHIOPIA



30% of deaths in Ethiopia are due to non-communicable diseases



0.38 score on the Human Development Index (HDI) makes Ethiopia among the bottom 20 countries in the world



0.1 doctors per 1,000 people (2020)

32 Essential Health Packs (EHPs) containing Accord medicines were sent to our NGO partner Project HOPE in Ethiopia at the beginning of the year. IHP supplies critical medicines to support populations displaced by the conflict who often don't have access to any stable healthcare. By supplying essential primary healthcare medicines, such as antibiotics and antihypertensives, we offer hope to Internally Displaced Persons (IDPs) with chronic healthcare needs.

Ifrah, a 12-year-old-girl, is an Internally Displaced Person (IDP) settled in Woynshet IDP site. She was admitted to the measles isolation centre by Project HOPE after demonstrating symptoms of the disease and its complications. The team managed the complicated measles case by administering antibiotics donated by you. She showed swift progress and was discharged from the isolation room without further complications.

Timm is a 6-year-old- boy who arrived in an IDP camp suffering with pus discharge accompanied with a fever which is a sign of a bacterial super infection. He was treated by IHP's donated medicine: amoxicillin, and appointed for follow ups.



Photo Credit - Project HOPE

International Medical Corps, also working in Ethiopia received EHPs from IHP and shared a story from one of their patients:

Amara is a mother of eight children. She is among the victims of the conflict there since the fighting forced her and her family to leave their village. The government infrequently provides aid that supplements their earnings. Amara said,

"In most of the cases, when my children are sick, since I don't have enough money to spend on doctor's visit and medications, I turn to traditional remedy".

"We are now blessed that we get healthcare services, free of charge, in close vicinity".

This was her second time to come to International Medical Corps. Just a week ago, she brought her other son to the clinic as he was experiencing diarrhoea. The International Medical Corps team provided a bottle of syrup and oral rehydration solution (ORS) and demonstrated how she should give the medicine to her son.

This time, her daughter came to the clinic with a cough and a fever and was unable to eat, apart from breast milk. The child was treated with the integrated management of neonatal and childhood illness (IMNCI) protocol and received a diagnosis of pneumonia. She was given medicines with instructions to increase breast-feeding and her fluid intake.

Amara thanked International Medical Corps for providing free healthcare services and medicines to her children and to the community. Thank you Accord for your donated antibiotics.



SOMALIA

Bilan, age 27, is a mother of five children living in the Wadajir district neighbouring an International Medical Corps medical facility which she frequently visits to seek medical services. Her family relies financially on her husband, who runs a small business in town. Bilan shared that living in the city is too expensive and they are struggling to survive as they do not have another source of income. She had been visiting the antenatal clinic at the facility for her pregnancy, and one day she came in reporting her contractions. The team supported her throughout her labour period until she delivered a baby girl without any complications. Staff administered the amoxicillin and paracetamol, donated by IHP's partner, Accord, during discharge because she was complaining of lower abdominal pain and had displayed several signs of infection after a physical examination. This was her fourth baby that was born at the clinic. Bilan thanked International Medical Corps for providing free healthcare services and medicines to her and to the community.



All photos : International Medical Corps



Aaden, a 50-year-old man, is a member of the Daynile IDP community in Somalia, supported by an International Medical Corps mobile health and nutrition outreach site. His family relies on relief foods and he struggles to get the family daily needs since he does not have a permanent job. He must look for work to earn daily wages in the nearby camps and towns. Aaden visited the mobile team site and complained of having a headache, fever, chest pain, coughing and difficulty in breathing. Staff used the IHP donated medicines, including paracetamol from Accord, to treat the patient. Aaden thanked International Medical Corps for providing free healthcare services and medicines to the community.

Barre and Geesi, two boys aged 3 and 5 years, live at the Ramadan IDP Camp in the Baidoa District. Their mother took them to the International Medical Corps mobile team, which provides health and nutrition services for the vulnerable people in the community who are not capable of accessing hospitals and health facilities in the town, as the two boys presented similar dermatological symptoms. After the staff took their history from their mother who informed the team that their illness began four weeks ago with small ring-shaped circles on their foreheads, they diagnosed them with Tinea corporis. To treat this condition, the team prescribed them the IHP donated medicines.

The team also provided the mother with hygiene education on how to clean the affected area with soap and dry it before applying the topical cream to maintain the children's hygiene. Three weeks after the treatment, the team followed up on the boys at their home. The team noted that the medication was effective. Staff advised the mother to continue applying the cream and using the medication until both boys completed the entire dosage. The mother thanked International Medical Corps for providing free healthcare services and medicines to her children and to the community.



Barre and Geesi's story is just one of many that demonstrate the importance of donated medicines in Somalia. Thank you for supporting IHP in enabling access to these essential medicines.

UKRAINE



Photo Credit - MTI

Since early in the Ukraine conflict, Dnipro city and the wider oblast has been surrounded by active fighting to the south and east and served as a key hub for Internally Displaced Persons (IDPs). Medical Teams International (MTI) a partner of IHP, identified that a key challenge facing conflict affected host and IDP populations was an inability to access prescription medications. MTI has expanded a free pharmacy in Dnipro city to meet some of these needs including treatment for hypertension, diabetes medicine, pain relief, topical infection treatment, and water purification tablets.

Vera, aged 39 shares her story.

I was born and lived all my life in the village of Petropavlivka, Kherson region. I love my family very much, so I gave birth to four wonderful children. After the beginning of the war, my husband went to the frontline to defend our land, our country. Unfortunately, during the liberation of Kherson region, he died a hero. Due to the occupation I was left without work and it was very difficult. My physical and psychological health, in general, suffered significant losses. All this led to frequent illnesses of children and me personally. Chronic diseases worsened, a stomach ulcer "opened." I lost weight, sleep, I had panic attacks, anxiety. Due to obstacles in nutrition and access to drinking water, the children had frequent constipation, vitamin deficiency, anaemia and frequent colds. For a long time during the occupation, I hid the children in a cramped basement.

On the second day, a mobile medical team arrived from MTI. The doctor examined people and provided free medicines.

Mobile medical teams... came to our village and provide direct medical services and free medicines for various diseases....the mobile medical teams included a psychologist, ophthalmologist, paediatrician and family doctor. I saw my children recover, I improved my sleep, my own health and regained strength to care for children and work in the household.

.... At the same time, regular visits to my children by a paediatrician, an optometrist allowed me to cure my children very quickly, improve vision, overall health.

I have a strong hope that the worst of my life is over, and ahead, I have confidence in my health and the full support of my children, family. I am so grateful to God that he sent us these people who helped my family in the most difficult moment of my life.

The mobile medical teams, the availability of medicines and the support from MTI are the key to a quality, timely, patient-oriented approach to providing medical care to people affected by war.'



3.7 MILLION PEOPLE ARE STILL INTERNALLY DISPLACED



MORE THAN 6 MILLION REFUGEES HAVE FLED THE COUNTRY



14.6 MILLION PEOPLE ARE IN NEED OF HUMANITARIAN ASSISTANCE

Thank you Accord for your generous donations, which go a long way to support patients like Vera, living in Ukraine.

CENTRAL AFRICAN REPUBLIC

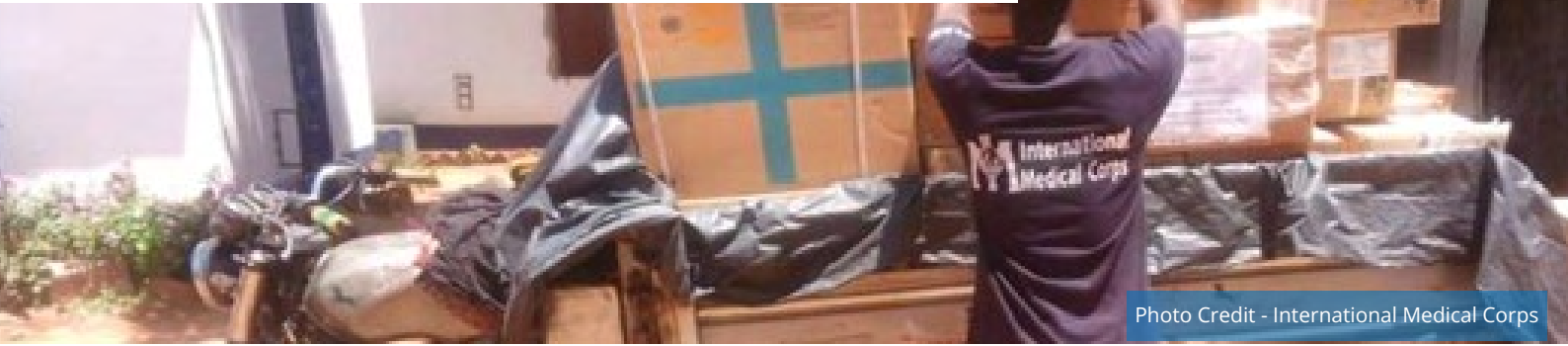


Photo Credit - International Medical Corps



1 in 7 people have been displaced in-country due to conflict



4th lowest ranking country in the Humanitarian Development Index



0.7 physicians available for every 10,000 people

IHP sent 6 EHPs to Central African Republic last year to help strengthen healthcare systems through their NGO partner, International Medical Corps. Medicines were distributed to long term programmes working with refugees and Internally Displaced Persons (IDPs).

Francis is 71 years old, he works as a farmer and his family hosts six returnees from Sudan. He lost his son and his property during the ethnic-political crisis of 2020. Francis came to the health facility and was suffering from high blood pressure and rheumatoid arthritis. He was given atenolol to lower his blood pressure and naproxen for alleviating the pain from the arthritis, both donated by Accord. He thanks International Medical Corps and IHP for the medication received in Birao for himself and his family. Francis said that the arrival of International Medical Corps in the Takamala village enabled him to access free treatment services at a time when he was no longer capable of paying for health services.



HAITI



Photo Credit - International Medical Corps



1/3 of Haitians face food insecurity



800,000 affected by the 2021 earthquake, including 340,000 children



60% live below the poverty line

When Haiti was hit by an earthquake in August 2021, IHP swiftly sent antibiotics and facemasks to aid initial relief efforts. With Haiti facing a dire shortage of COVID-19 vaccines, these supplies became crucial. Since the quake, IHP has sent 3.6 million treatments, 48 Essential Health Packs, and over a million facemasks to support the people of Haiti.

We continue to support our partners in the area, HIDA and Project HOPE to help many people in need, who cannot afford essential medication.

IHP's important work could not happen without our donors and supporters, and for that we thank you.

MIDDLE EAST



GAZA & WEST BANK

Thanks to your donations, IHP, in partnership with Anera, have sent seven shipments to Gaza since the start of the escalations in October 2023. These contained 155,730 essential medicines and 13,873 units of vital medical supplies, reaching 577,913 patients.

Medicines included multivitamins, pain relief tablets, hypertension medication, water purification tablets, medication to treat fungal and bacterial infections, a range of antibiotics, antiviral medication, medication to help treat heart failure and kidney disease, and anti-inflammatory medication. These shipments are crucial in supporting people facing extreme difficulty in accessing the healthcare they need amidst the crisis in the Middle East.



**169,603 UNITS OF EMERGENCY
MEDICINES AND SUPPLIES SHIPPED**



577,913 PATIENTS REACHED



Photo Credit: Anera

Anera's 12-person Gaza staff, along with a team of some 450 humanitarian responders, have been working tirelessly at procuring and distributing essential relief supplies and services within Gaza to displaced families. Anera is thus far focusing efforts on: food security, providing some comfort, hygiene, psychosocial and health, which your donations have greatly contributed to.

IHP was able to respond in record time to this crisis, thanks to your donations. There are currently three shipments in progress and plans for at least three more in the months ahead. Thank you for your continued support towards all those affected.

We anticipate the need for medicines and medical supplies to support the ongoing humanitarian crisis to grow throughout the coming year. Your donations are crucial to our continued efforts in the Middle East and will mean we're able to support those in need now and into the future. Please continue to stand with us today as we strive to address the immense needs.



Unlike many other conflicts, the situation in Gaza is uniquely devastating for children. Approximately half of Gaza's population is under 18 and of the 1.7 million people estimated to be internally displaced, 893,000 of these are thought to be children. Our partners in the region are reporting of a desperate need for paediatric formulations to be able to effectively treat children caught up in the crossfire.

GAZA & WEST BANK BEFORE OCT 2023

Even before the escalation of conflict in the region, access to medicine in the West Bank was minimal. Restrictions on movement and trade existed which disturbed the importation and distribution of vital medical products into the region. Unable to travel to obtain their needed treatments, many West Bank Palestinians were forced to forgo them entirely, to the detriment of their health. Economic conditions in the West Bank also greatly impacted access to medicines. High levels of poverty and unemployment in some areas limited individuals' ability to afford necessary medications like anti-inflammatory drugs.

International Health Partners, working in conjunction with our partners in the area, Anera, sought to address this need by increasing the provision and access to medicines in Gaza and West Bank.



Photo Credit: Anera

Myasar, a 56-year-old mother of seven with back, neck, and hand pain, was diagnosed with four dislocated discs in her back, spinal deviation, and cervical vertebrae pressure, as well as nerve inflammation in her hand.

She shared,

"I can't afford surgery to fix my health issues and can't afford to stay on bed rest as my family depends on me when it comes to all household tasks."

Myasar said that her doctors prescribed naproxen for her pains. *"I really benefited from the naproxen. Before I started taking the medicine, I had severe pain and could not sleep at night. After using the medication my health condition remarkably improved. I take the medication at night and feel relaxed. I can't remember the last time I had a good night's sleep like this,"*

Myasar is grateful to Anera and International Health Partners as she would not have been able to afford the medication if it wasn't free of charge.

Samia, 29, was eight months pregnant when we spoke to her. Residing in Gaza and already the mother of two children, her pregnancy has encountered difficulties. She suffered a sharp decrease in her haemoglobin level because of iron deficiency anaemia. Samia regularly consumed an iron supplement from a local clinic.

The collaborative efforts of International Health Partners and Anera has meant that more than 100,000 ferrous sulfate tablets (donated by Accord) have been distributed to 17 clinics and hospitals, including Samia's local clinic. Our shipment to one clinic allowed it to be stocked for eight months.

The shipment contained other medications, including analgesics, anthelmintics, antibiotics and medicines to treat hypertension and diabetes.

Samia has been going to the NECC clinic (at which IHP and Anera work in conjunction to deliver free medicine) ever since she had her first child. She says NECC's free care and medicine greatly reduced her financial burden during pregnancy.

Like most families in Gaza, Samia lives in difficult economic conditions. Her husband is unemployed, so it is hard to meet the family's basic needs.



Photo Credit: Anera



"If I needed iron and it wasn't available, I couldn't afford to buy it and I need to take it for my pregnancy and after I give birth to keep my iron levels up."

LEBANON

Many of the problems Lebanon currently faces stem from its recent economic troubles. Millions of people are now food insecure, many of whom were once middle class. According to the UN, seventy five percent of the Lebanese population live below the poverty line.

IHP is supporting our in-country partners, Anera and International Medical Corps, to distribute vitally needed medicines and medical supplies, including mental health medication to vulnerable populations including refugees from Syria and Palestine. Our shipments of medicine and supplies are used in hospitals, clinics, and refugee camps and settlements across the country. There is a particular need for medicines treating chronic conditions for those whose treatment schedules have been disrupted.

With the help of your donations, we were able to send vital medicines to our partners, helping families get the medicine and treatment they need in a country where few people have medical insurance.



Dr. Rania Sultan, Chief pharmacist at Tripoli Hospital and PHCC, shared that: *"We are currently living in the most challenging times I've ever witnessed; the combination of the economic crisis and deteriorating wages has stretched our capacities to the limit as we passionately aim to fulfil our mission of addressing the health needs of the community. This donation of painkillers plays a significant role in enhancing the quality of life for individuals, enabling them to resume their daily activities, including work, education, and other essential aspects of life."*



Photo Credit: Anera

One-year-old Zeina has been diagnosed with acute bacterial tonsillitis at the Mashta Hassan Primary Healthcare Centre. Some of her symptoms included a fever, sore throat, and bad breath. Zeina's mother consulted the paediatrician who prescribed amoxicillin for Zeina.

Zeina's mother was concerned about the availability of the prescribed medicine, especially since she couldn't afford it from the community pharmacy and had already paid significant transportation costs to reach the health centre. When the pharmacist dispensed the prescribed medication, to the mother's surprise there was no cost. Zeina's mother expressed immense happiness and gratitude.

51-year-old Elias lives in northern Lebanon, suffers from chronic joint pain from his Rheumatoid Arthritis. He received naproxen from his local dispensary to help manage the pain for free. This is critical for Elias, otherwise he wouldn't be able to afford the medication and the pain would keep him awake at night. He is so grateful for these painkillers.



Photo Credit: Anera

Mr. Jawad Hassoun, the head of the two Dispensaries at Beit Fakes in North Lebanon stated that:

"Located in the Northern region, the remote area of Beit Fakes often goes unnoticed, lacking essential services to support its residents. We deeply appreciate any assistance across all domains and are fully prepared to collaborate in our collective efforts to improve the situation. We are forever thankful for Anera [and IHP for their] generous donors in continuously supporting our patients with donated medicines"



YOUR DONATION IS MAKING A DIFFERENCE



“Amitriptyline stands out as one of the top three prescribed mental health medications among UNRWA patients to combat depression. The increasing prevalence of depression cases each year can be attributed to the escalating security and economic crises. While our primary focus remains on delivering mental health counselling to patients, the integration of medications like Amitriptyline has proven instrumental in significantly improving the well-being of many individuals facing these challenges.”

Alaa Murrah, MHPSS coordinator at UNRWA.

“Depression carries a profound weight, and for those who have experienced it, its significance is undeniable. Unfortunately, many individuals bear this burden silently, often influenced by feelings of shame and stigma. However, this doesn't have to be the case. As a psychiatrist, I diligently follow up with all patients to ensure their conditions improve. Given the skyrocketing prices of medications, securing mental health medication for our patients free of charge is a top priority. We extend our gratitude to Anera and its donors for providing crucial support, particularly in securing Amitriptyline—one of the most prescribed medications in our clinics, benefiting patients undergoing treatment for depression.”

Dr. Mohamad Kalache, Head Of Department of Psychiatry at Dar Al-Ajaza Al-Islamia Hospital Lebanon and Psychiatrist at UNRWA clinics.



Photo Credit: Anera



Photo Credit: Anera

The worsening economic and security crisis in Lebanon is severely impacting the availability and affordability of medicines. Patients are unable to afford the cost of their treatment and unable to get their medication due to the lack of availability. Working with Anera, IHP is increasing the availability of medicines to ensure that patients can access continual treatment free of charge.

Yasmin, a 52-year-old Paestinian woman living in Beirut, Lebanon, shared the importance of this continuity and availability of medicines in her life.

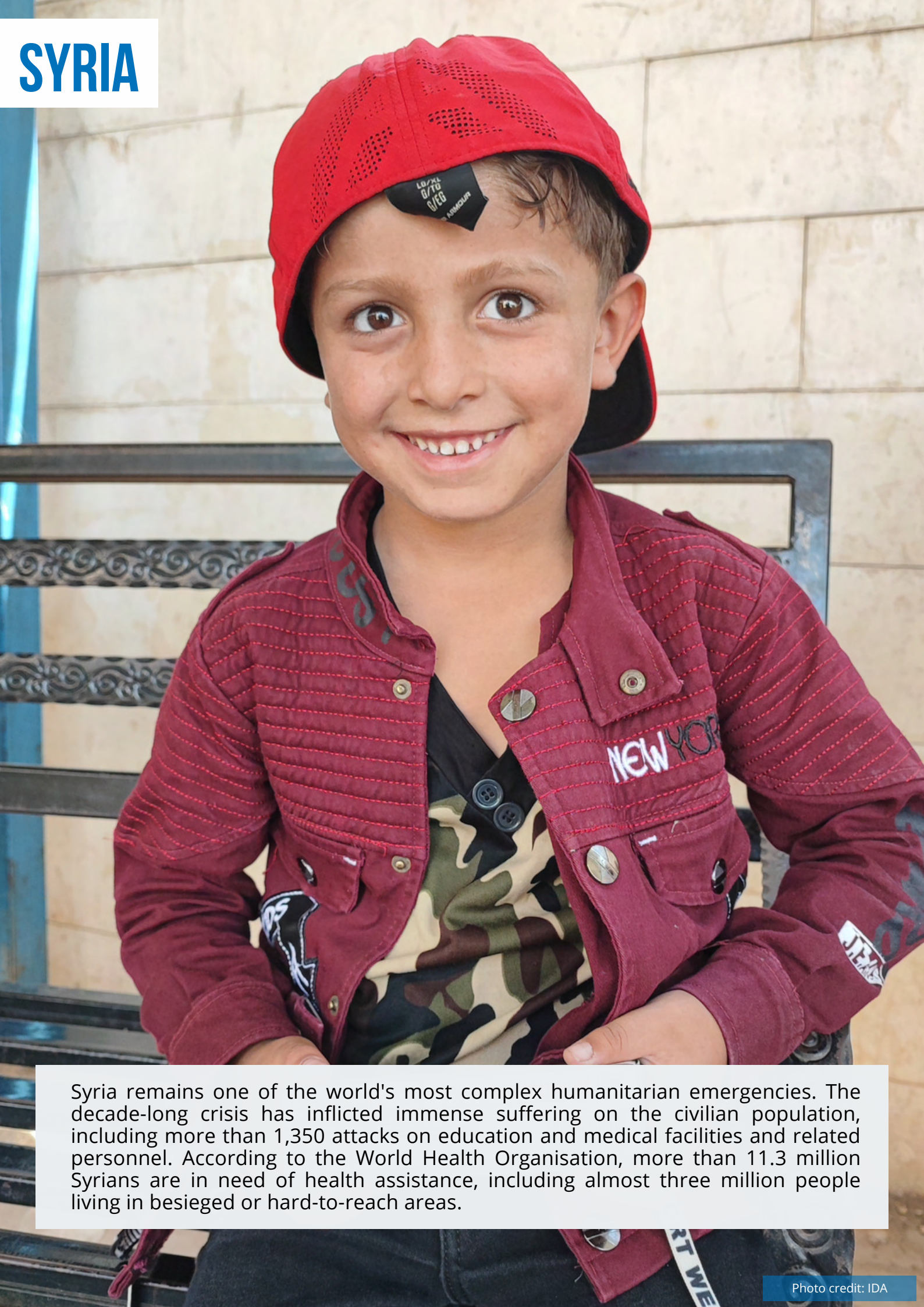
Yasmin experienced feelings of sadness and a loss of motivation in her daily activities 6 months ago and so visited the doctor for advice. She was prescribed amitriptyline, donated by Accord, an antidepressant medication. As a result of taking the medication, not only did her mood improve, but it also alleviated neuropathic pain associated with her diabetes. Yasmin is so grateful for the support she received during this time, and emphasized the critical importance of receiving this medication at no cost.

Nadia, a 33-year-old Lebanese woman living in Bekaa struggles with her mental health. She has a loss of interest in life and the resulting difficulty in concentrating on daily tasks and caring for her children. Nadia has been taking amitriptyline medication for four months now and she said it has enabled her to regain the necessary energy to resume her daily activities, providing essential support for her family.



Photo Credit: Anera

SYRIA



Syria remains one of the world's most complex humanitarian emergencies. The decade-long crisis has inflicted immense suffering on the civilian population, including more than 1,350 attacks on education and medical facilities and related personnel. According to the World Health Organisation, more than 11.3 million Syrians are in need of health assistance, including almost three million people living in besieged or hard-to-reach areas.

HEAR HOW YOUR DONATIONS HAVE IMPACTED THE LIVES OF THOSE LIVING IN SYRIA

North western Syria is war-torn, meaning the environment is unstable and far from conducive to positive healthcare outcomes. Yet through organisations working together, progress can be achieved. IHP has been partnering with Independent Doctors Association (IDA) and Syrian American Medical Society (SAMS) and we were able to send 6 shipments of medicines and medical supplies last year.

Read how your donations have impacted the lives of three people from the 12 million who had to flee their homes because of the conflict.

Adonis, a child, had to leave Aleppo ten years ago, seeking shelter in the Bab al-Nour refugee camp. Life there was incredibly tough for Adonis and his family, with harsh living conditions and tough economic circumstances. Consequently, his health deteriorated and he suffered from Eczema because he didn't have access to proper medical care.



He was able to receive medical care for his Eczema at the Bab al-Nour Center for Primary Health Care, where the doctors prescribed him cream to manage his condition, donated by IHP.

After using the cream regularly, Adonis experienced his symptoms easing and his inflamed skin calmed, increasing his confidence. IHP's medical donations helped Adonis's, physical and mental health.

Elliana has a herniated disk on the right side of her spine which is very painful. Due to the pain worsening, she went to the hospital for treatment. The hospital staff admitted her, and Elliana received a surgical evaluation to assess her spine. Elliana was later prescribed pain-relief medication and non-steroidal anti-inflammatory drugs, such as naproxen, alongside medical recommendations to prevent the further deterioration of her health.

Dr. Yasser Al-Sam, the ER doctor at Bab Al-Hawa Hospital, says, *"Ensuring the patient takes the prescribed medications regularly and adheres to the recommendations are completely crucial. Medical recommendations include avoiding heavy lifting, complete rest at home for one month, and as a result, the patient may avoid surgery."*

Elliana says, *"I can't easily move in my home and do any of my daily works. The pain is very hard, and the medications are not always available and affordable. Thankfully, after I visited Bab al Hawa hospital and had my free prescription which contained the pain-relief like naproxen, I don't need to purchase it from the private pharmacy"*



Sabeen, 30, is from the southern countryside of Idlib in Syria, but now finds herself internally displaced in northwestern Syria. Sabeen is pregnant and experienced severe pain so visited the maternity clinic at Qah Hospital to be examined. The doctor explained that she was suffering from inflammation of the cervix and a urinary tract infection.

Dr. Nisiba, a gynecologist at the hospital, stated,

"After examining Sabeen, it was found that she had an infection and azithromycin was prescribed. It was provided free of charge to the patient. Neglecting infectious diseases is dangerous and can lead to infertility in women."

Sabeen said, *"Honestly, the pain was not easy, and I was worried about the cost of medications because many medicines are expensive. But, thank God, I was able to get the medication for free, and I can continue the treatment."*

ONCOLOGY

A close-up photograph of a young boy with dark skin, wearing a bright green cap and a red and blue plaid shirt. He is looking upwards and to the right with a slight smile. The background is a light blue wall with a window and a metal frame visible on the right.

IHP has sent essential oncology medicines to NGO partners since 2017. Some of the long term programmes we are supporting with your generous donations, include World Child Cancer in Malawi and Cameroon, Project HOPE in North Macedonia and Kosovo, and Anera in Palestine.

CAMEROON & MALAWI



Every year, 400,000 children are diagnosed with cancer – but the chance of survival is a geographical lottery. In low and middle-income countries, such as Malawi and Cameroon, fewer than 3 in 10 children with cancer are cured, compared to 8 in 10 in high-income countries like the UK. There are cost-effective medicines to address the most treatable forms of cancer, but accessing them is a challenge and the barrier between cure or death. IHP works with its partners in Malawi and Cameroon to ensure facilities and healthcare workers are equipped with oncology and cancer-related treatments they need to provide the best treatments to children with cancer. IHP also supplies essential primary healthcare medicines, such as antibiotics and antihypertensives. Thank you Accord for helping us support cancer patients in Malawi and Cameroon.

Doctors first thought Peter had an eye infection when he was referred to the Queen Elizabeth Central Hospital, in Malawi, but it did not clear up. His mother, Esther, shared her experience,

"When I visited the paediatric oncology ward, I met with Doctor George, and they did some tests and scans and diagnosed my son with Rhabdomyosarcoma, an eye cancer. This was heavy news, and it was traumatising. Thanks to the support from the hospital, I have been able to pull through and see the improvement in Peter's eye, which is a relief. Peter has now been here for a few months and receives treatment every three weeks. I am thankful to be receiving medical care for free, otherwise, it would have been too expensive."



Herbert is a 15-year-old boy from Cameroon, who was diagnosed with sickle cell disease when he was 3 years old and has been living with the condition ever since. In recent years, Herbert has been suffering frequently from anaemia and has had up to five blood transfusions per year while on hydroxyurea treatment. The medication he needs is highly expensive and has been out of stock, meaning he would not have been able to get it even if he could have afforded it.

However, in November 2022, IHP donated essential medicines, meaning that Herbert was able to get the treatment he had long needed. His father Paul told us:

"We were very happy when the doctor told us that the medication was available for free because they have been provided by some friends of the hospital [IHP]. We are very happy now that the medication is available and that we do not have to buy it anymore. The money we are saving on this medication will help us to better provide the school needs for Herbert and his siblings."

YOUR DONATION IS MAKING A DIFFERENCE



"My name is Chifundo and I am from Chileka. I have sold tomatoes for about 10 years now and look after my nine children at home who range from 23 to 3 years old.

I noticed a mass appeared on the left side of my 6 year old son Emmanuel's stomach... We knew that it was serious as we were referred to the special care ward, not the paediatric oncology ward initially.

...Originally, I was dependent on selling tomatoes, but I can't sell them at the market anymore because we are at the hospital, so my business has come to a complete stop which has been difficult. Thankfully there is no cost to me, everything is supported by World Child Cancer, and we have never paid a penny, even for our transport. The treatment we get here is really good, especially the medicine. We have been supported well and I've seen an improvement in my son's health.

Our lives have changed tremendously, but the free medicine has helped to save my child. We are very hopeful for a bright future for Emmanuel; a cure and freedom to return back to our normal lives."

Jane is a psychotherapist at the QECH in Blantyre, Malawi. She works across the whole hospital, including the paediatric oncology ward.

"When children have cancer, the toll is heavy. All the parents hear is death. They start thinking about their other children at home and it starts to affect them socially. Cancer treatment is very long. They might be here for six weeks minimum.

I have to educate guardians on the diseases, as they have heard things about cancer, but they don't know what it is in detail. It can take up to two weeks for parents to accept their situation. When chemotherapy starts, their children can become more visibly sick, but they get better. I help convince parents that once they are here and their children are receiving treatment it is better for them to stay."

Jane shared one of her patients' stories, saying:

"One of our patients had Burkitt lymphoma and consequently had a protruding eye. It looked like it was soon to burst. I helped to convince his parents to continue treatment. The eye had been getting worse and the parents almost went to a witch doctor, but I convinced them otherwise. Soon the child was even able to see again out of the affected eye. It was very satisfying to have been able to help them."



"To supporters of IHP, first of all I'd like to say thank you so much for what you are doing - you are investing in the future of this nation, and not only in the future of this nation but generations to come by giving essential medicines that treat cancer. There is a saying: blessed is the hand that giveth. Please continue giving."

George Chagaluka - head of paediatrics and child health at QECH



SOUTH SUDAN



With the very poor health outcomes, a chronically malnourished population and recurring epidemics, South Sudan faces immense health challenges and an estimated 44% of the population is at risk of communicable and non-communicable diseases. At any one time, every other child is sick with fever or malaria, and every fourth child suffers from diarrhoea. Preventable diseases, such as diarrhoea, malaria and pneumonia, cause almost 75% of all child deaths and 75% of the population do not have access to basic healthcare. The country's health system and infrastructure are among the poorest in the world. Health facilities are poorly equipped and staffed, and there is a severe shortage of trained health professionals. We are working hard with our NGO partners to provide much needed access to essential medicines with your generous donations.

Your donations are more important than ever in South Sudan

IHP works in conjunction with International Medical Corps in South Sudan. Our work together has enabled those with Malaria to be treated across 25 different health facilities in the country. Furthermore, between May and August 2022, IMC conducted 85,000 outpatient consultations on a variety of diseases, using the medical supplies provided by IHP to treat these patients when appropriate.

Read how your donations are impacting the lives of people in South Sudan.



All photos : International Medical Corps



Nasifa is a 25-year-old woman living in Malakal Protection of Civilians camp, where she has resided since December 2013, after her family fled the conflict in Malakal Town at the start of the civil war in South Sudan.

Nasifa visited International Medical Corps's health facility hoping to get treatment after she had been feeling sick for three weeks. One of International Medical Corps's Clinical Officers, Samuel Ayul, carried out a consultation with Nasifa. Following the consultation, he diagnosed her with a urinary tract infection. She was freely prescribed antibiotics donated by Accord, to treat the infection.

Rachel arrived at a Internally Displaced Persons (IDP) camp in 2014 at the age of ten. She spent the following years surviving on aid provision. She got married and had her first child at 19 years old. Rachel told us:

"We have been depending on humanitarian relief, especially getting health services from NGOs like International Health partners from 2014, without seeking healthcare outside the camp because of lack of financial capacity".

Such is the reality for many displaced persons living in the camps where resources are scarce. Most of the IDPs in Juba depend on an International Medical Corps health facility for essential healthcare services as well as the donations from IHP, in order to get by.

In May 2023, Rachel brought her 7-month-old child to the International Medical Corps clinic in Juba IDP Camp 3, where her child was diagnosed with severe pneumonia and malaria. Using medicines received from IHP, such as paracetamol and antibiotics, the medical staff at the clinic admitted and treated her for three days. By the second day, she was able to breastfeed and eat family food.

On the day of their discharge from the health facility, Rachel expressed her appreciation to International Medical Corps and IHP for saving her child and providing quality health care that was free-of charge. Rachel expressed her feelings and gratitude to the team following this experience:



"I was very scared that I was going to lose my child because of his high fever, shortness of breath and refusal of breastfeeding. But, when we reached the clinic, the medical doctor and the nurse immediately used medicines that reduced the fever and eased his breathing...The child is our first born and we were scared of losing him. We are thankful for International Medical Corps, IHP and it's donors for saving many lives of IDPs. May Almighty God continue to bless and give good health. Please continue serving us in the camps, because we are not sure when we shall return to our homes, and therefore, we still need your help and support through the clinics."



ZANZIBAR



Hypertension is the leading cause of hospital admission and death across Zanzibar



Hypertension affects approximately 33% of the adult population



Only 12.7% of those with hypertension on treatment

Accessing healthcare in Zanzibar is extremely challenging. Dwindling stocks of essential medicine are exacerbating preventable and easily treatable health needs. Our NGO partner, Health Improvement Project Zanzibar (HIPZ), with the help of your donations, is working to improve access to healthcare in Zanzibar. They aim to increase access to a broad range of lifesaving and life-changing essential medicine and medical supplies for patients living there.

HOW YOUR DONATION IS HAVING AN IMPACT

Asha, the assistant doctor in charge at Mukunduchi Hospital which serves patients from more than six of the surrounding villages shares her experience of working in the hospital saying:

"We are able to tend to almost all the patients, including those who have high blood pressure and diabetes. However, when we run out of medicines, it becomes a problem because our citizens cannot afford to buy them. The danger for them is that they could have a stroke and others might lose their lives completely.

When we are able to give them the medication they need, they will no longer have to find the money they may not have, and they will take the medicine and the blood pressure will come down. They will get better.

Since HIPZ began helping the hospital, new tools and medicines have become available and new buildings have been built, enabling us to offer the best services."



"My name is Mosi, and I am a farmer in Kijini, where I live with my wife and six children. I have long experienced issues with my blood pressure and so have come to see the clinical officer at the hospital to measure it. They first diagnosed my high-blood pressure after I had the flu and then I experienced pain which moved from my legs to chest and finally to my head which was very heavy and painful, so I came to the hospital... I continue to come to the clinic for health check-ups and also receive free medication which helps manage my blood pressure. It has really helped my life so much, I could have died otherwise.

If I had to pay for the medicine's, life would be challenging because we would struggle to get the money in order to go to the chemist and purchase the drugs. The way my life is now, I'm very grateful. The medicine helped me, and I can go to my work healthy and do what I need to do without worry."

Mary, an elderly woman resident in the Makunduchi village in the south of Unguja Island, has been diagnosed with hypertension and attends the hypertension clinic at Makunduchi Hospital. Previously, though clinicians were able to check her blood pressure, the medication she needed was not available at the hospital pharmacy. There is no other pharmacy in the village she lives in, meaning she was unable to receive the treatment she needed. However, thanks to the donation of medicines from IHP, she is able to freely get the vital medicine which was one out of her reach. She reports that her hypertension is now under control and her quality of life has drastically improved.



Our hypertensive patients need amlodipine (donated by Accord), the hypertensive medicine that IHP is supplying. It helps the patients a lot and really lowers their blood pressure. This makes a big difference.



"My name is Kazija and I have worked as both a midwife and in the hypertension clinic for about 5 years, although I have worked at the Makunduchi Hospital for 16 years... If a person with hypertension cannot get their medication, their blood pressure increases and puts them at a greater risk of stroke or heart attack.

The medicines IHP has provided have helped a lot. Before we could just provide one drug or two but now, you could be prescribed four, and you will get all the medicines. It is hard telling patients that there are no medicines, and they will ask a lot of questions. I find them difficult to answer. So, I feel happy when there are enough drugs here and patients can get their medication."

My name is Imani and I live in Koteji with my husband and eight children and our grandchildren, working along the coast planting algae.

I suffer from high-blood pressure and have to go to the hospital to be treated. At first, I had severe flu and so I went to the hospital and then I was told to go to the blood pressure department to measure it and it was very high.

We get the best service in terms of doctors and medication, but there have been emergencies where I have needed two types of drugs, and one might be out of stock. In these cases, I have to go and buy the missing one.

When I had to pay for medicines, many times you would get just some of them, or even none at all. If I had to pay it could have been a big problem because at times I don't have money at home so I have to go and get money elsewhere. I thank God we can often get part of the needed prescription but if I am told to go and buy the rest, with no money, what will I do? I don't have money and I don't have someone to help.



I am Abdalla Omar Hassan and I work with HIPZ here in Pemba as a Mental Health Officer. Here in Zanzibar, mental health is neglected so we need to start making it a priority.

Mental health issues such as stress and depression are very common but we need to help manage the stigma with these people.

We have ten trained doctors and nurses...but you find that the drugs they need to treat them are very limited, there are very few.

When they come to the clinic, and they can't get the medicines...they may use treatments that are not acceptable instead and it creates more of a challenge for them. If we can get the mental health medication, that will improve our community.

Mental health should be a priority and receiving donated medicines will help overcome the problems. When you talk about overcoming mental health issues, that doesn't mean just the use of medicines, but counselling and social work. Talking is a treatment, and that is how we can treat mental illness.

The more we bring awareness, the more we improve and reach out to more and more people. This can be achieved if we devote our time to it. People are saying they understand mental health better; this is a big achievement in Pemba.

SIERRA LEONE



In 2021 the TB mortality rate was 35 per 100 000 population



NCDs including injuries account for 41% of mortality in Sierra Leone



Sierra Leone is grappling with the burden of communicable diseases such as malaria, tuberculosis, and vaccine preventable diseases

IHP has been helping to provide essential medicines to meet the needs of non governmental rural health facilities in Sierra Leone since 2017. Your donations have gone towards impacting the lives of many people who, without your support, may find it difficult to access the medicines they need. Through our partnership with Inter Care, and with your support, we were able to offer more people the chance of relief and a return to health. Together, we make a real and lasting difference.

“Sierra Leone is highly dominated with pharmacies, drug smugglers and fake doctors. Medicines from Inter Care/IHP are one pillar that sets us apart from other facilities in the country and these medicines have helped to save a lot of poor people in our country who by now would have been dead because they cannot afford to pay for medical care.”
Hospital Management at Bai Bureh Memorial Community Hospital

Chloe is a 14 year old female who was operated on for acute appendicitis. Both her parents are backyard gardeners who earn little to no income. They stay in a village about 72.42 kilometres from Bo Children’s Hospital. Initially, they went to the government hospital for appendicitis, and they were given a list of items to buy, including PPE, but they had no money and that made them go home with no treatment. Later when it became worse and they finally located Bo Children’s Hospital, she had an appendectomy that very day but they had not been given a list of items to buy. With fear and trepidation, the father inquired how much it would cost to purchase the items. He was informed that due to the donations of IHP, partnering with Inter Care, there would be no cost. He was shocked that ‘people can be so caring.’



All photos: Inter Care

HE WAS SHOCKED THAT PEOPLE CAN BE SO CARING

Abbu is 72 years old and works in a mining company. He came to the hospital in pain with a fracture of his right clavicle and bruises sustained from his work. After his x-ray Abbu stayed in hospital for three weeks. He was prescribed naproxen by the doctor to help manage the pain. Abbu was overwhelmed by the care he received and overjoyed by the provision of medicines.

Faith is an elderly lady who has a history of high-blood pressure. During a check-up from the doctor, Faith’s blood pressure reading was taken, and it was high. She was then prescribed tablets to help manage her blood pressure. Faith was also diagnosed with edema; swelling of her feet. This condition has had a big impact on her lifestyle and daily activities. She used to be a petty trader at the market, but due to her illness her business was put on hold. The doctor prescribed Faith antihypertensive medication. Faith is grateful for the care she has received and is thankful for the medication that was available to help her.



There has been an increase in fungal infections in coastal areas of Sierra Leone, due to fishing and farming activities during the rainy season, particularly for swamp farmers. It is common for them to drink from streams and swamp water during the ploughing and planting seasons which later causes a lot of problems in their body. There is still no proper safe drinking water in most of these communities.

Edward is a 24 year old university student who visited a health facility, having suffered from a fungal infection for about six months. He said he has visited so many health facilities near to where he is currently staying and studying but there has been no help. Edward had even spent a lot of money to treat his condition but experienced no improvement. The condition started as a single rash and then spread across his body. Edward explained that he hardly sleeps at night because his skin itches almost all the time.

"We have started treating him with the medicine that we got from your organization. In three weeks, time he will be visiting again for review, hopefully he would have made huge strides in his recovery."

This is the first time Edward has been treated without spending anything and is very grateful for the care and medicine he has received.

"People around this part of the country are very lucky because they have a hospital like ours with donors like IHP who always make quality medicines available with which they will be treated without paying a penny. These medicines from IHP have benefitted millions of people in Port Loko District and beyond."

Daniel Hassan Larkoh, Administrator



Sienna, 55, is a single mother of three sons. Sienna was diagnosed with both hypertension and diabetes in March 2018. The clinic she has been going to has been able to supply her with the medicines needed to manage her conditions, which has made a remarkable difference to her general health. She is now able to return to her gardening job and earn money for her family. The clinic regularly visit Sienna to ensure her conditions are well managed.

Sienna told the clinic that she had previously visited a lot of other health facilities in the country to treat her conditions, but they were unable to help.

Cases of non-communicable diseases are rising in Sierra Leone as a result of the trauma that Ebola and Covid-19 outbreaks have had on individuals, particularly if they have lost loved ones, as Sienna did.



Georgieta is a 31-year-old widow from Sierra Leone. Her husband sadly died two years ago. Georgieta works at a swamp garden, breaking stone to earn money for her family. Supporting her family on her own is difficult, especially as they are becoming school-age children. Georgieta brought one of her four children to the health facility, and they were diagnosed with severe malnutrition and malaria, as well as an oral infection. Georgieta was also diagnosed with severe intramuscular pain. They were both prescribed medicines to treat their ailments, including naproxen tablets, donated by IHP.



These medicines have benefited and saved thousands of lives in our country. On behalf of the Management and staff of Bai Bureh Memorial Community Hospital, our community stake holders and Inter Care beneficiaries in the country, I would like to express my deepest thanks and appreciation to the entire Inter Care team and all the donors for the great support you are rendering to our facility and the country as whole. I will also like to appeal for more supplies for our facility because our catchment population has increased dramatically over the years.

HONDURAS



Health conditions in Honduras are stark. With a population of over 10 million people, it is estimated that 18% do not have access to any healthcare services. For citizens living in rural areas, both geographical and financial barriers to healthcare access are keenly felt and needs frequently go unmet.

YOUR DONATION IS MAKING A DIFFERENCE

Dr Kenia works for Santa Teresa hospital and manages the hospital triage, which all patients pass through. She assesses whether they should be sent to the emergency room, another part of the hospital for less critical treatment, or refers them to another facility if they can't be treated here.

"On average 80 patients pass through here each day. The most common conditions we see are heart issues or respiratory illness. Many patients come here after they had first gone to their local health clinic. Those facilities do not have labs, and often don't have the medication for the diagnosed condition, so the patients then have to travel here for treatment. Sometimes, we are

also out of stock. In that situation I can only write them a prescription and tell them they need to go and find it elsewhere. When this happens I wish I had the money myself to buy it for them. Most of the medicines I have to prescribe are so expensive and most of the patients here are of limited economic status. I know it is unlikely that they will be able to purchase what they need and then that may mean their health condition worsens. For example, we've had patients with high cholesterol who need statins, and I've had to send them away knowing that there is a higher risk of them having a heart attack if their blood vessels become clogged".



Margarita, mother to six children came to the hospital with her son Paco and baby Mario. She had to travel 20 minutes by bus to come to the hospital here. Otherwise it would be a two hour walk.



"I came to the hospital because both children are sick with a fever cold and cough... I think this is a good hospital but I have been waiting here for more than 2 and a half hours. Hopefully I will be seen soon. I am hoping that the doctor will examine my children and see what's wrong.

The medication is normally free but if I have to pay, I can't afford it. I only have enough cash to pay for the bus back so wouldn't be able to buy medicine.

This has happened before so I would normally pray and then wash cars to get money and come back to buy the medicine. Having a lot of children means I come here a lot. It is hard but I pray that God will provide. I hope that my son grows up and does anything professional."

Paco said he wants to be a doctor when he is older so that he can help those that are sick.

In Honduras, the main shortages of medicines are diabetes medication, hypertensive drugs, antibiotics, vitamins, and anti-inflammatory medication. Many of these medicines, including **amoxicillin**, **naproxen**, **atenolol** and others, have been generously donated by Accord in 2023 to help strengthen the health systems in Honduras. A total of **119,992 units** of your medicines, worth **£142,276** were shipped to Honduras in 2023, reaching **125,608 patients**. On behalf of our in country partner, Hope International Development Agency, we want to say a big thank you to Accord for all you donate to support the lives of patients living in Honduras.

INCREASING OUR IMPACT

A solution to track and trace medical product donations



The challenge of monitoring and reporting on the impact of a global product donations programme is vast. With various spreadsheets, different systems, decisions hidden in email threads, and reporting on multiple donations to various partners in different regions, it's challenging! That's why we developed our custom-made donation management software, Boaz.

Boaz makes it easier to deliver more healthcare products to more people in need. It empowers healthcare companies to achieve their impact goals and do more good for underserved areas of the world. Thank you for your commitment to working with us to upload your donations into Boaz! But what happens after you've uploaded your donation to Boaz?

Once you upload your donation to Boaz, we can communicate and offer your product to multiple NGO partners with just one click. Our NGO partners can accept your donations directly through the platform. Once we find the right partner for your product, we pass the baton to our logistics team, who use Boaz to manage the door-to-door journey of your product.

With good distribution practice embedded throughout, it is the solution to track and trace your product throughout its end-to-end distribution. Designed and built with our twenty-year experience of product donations, Boaz records the right data at the right time in one coherent system. It's through Boaz that we can accurately report on the 100 million people we have reached during our twenty-year history to date.



ENVIRONMENT, SOCIAL/SUSTAINABILITY AND GOVERNANCE (ESG) AND SUSTAINABLE DEVELOPMENT GOALS (SDGS)

IHP's Environmental, Social, Governance (ESG) approach is guided by our ESG statement and action plan to which staff and trustees contribute. Our ESG statement can be found [here](#). Our environmental approach draws on our desire to be faithful stewards of God's world. Sustainable Development Goal (SDG) 3 - good health and well-being, lies at the heart of our work, and we remain the leading Gift in Kind (GIK) organisation in Europe in our field. While good health and wellbeing is core to IHP, our work has relevance across the majority of the UN's SDGs. The Charity Governance Code guides our approach to good governance and decision-making.

ESG Highlights from 2023:

- SDG 13- Climate Action: In 2023, 452,717 units of medicines were averted from destruction, which reduces negative environmental impact.
- SDG-2 Zero hunger: IHP has provided single and multivitamin supplements as well as mineral supplements to reduce malnutrition. In 2023, we sent 13,835 units of vitamins and 13,707 units of mineral supplements, supporting 145,804 patients.
- SDG-8 Decent Work and Economic Growth – For the second year running, IHP's staff survey revealed satisfaction levels above 80%, which is described as 'very high satisfaction'.
- To increase Board effectiveness (Charity Governance Code principle 5) we updated our metrics and reporting to trustees during 2023 so that strategic insights and critical feedback could be enhanced.

International Health Partners first ESG Report is coming Soon! Our first ESG Report, providing an in-depth analysis of our ESG approach will be available after April. To receive a copy directly, please contact us.





THANK YOU

Your support has made the provision of these lifesaving services possible. Because of you, millions of people around the world received the medicines they needed when they needed them. Thank you for joining with us to improve access to healthcare for all.



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